

Hainan

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⑥ Holiday Beach Tourist Area 假日海滩旅游景区

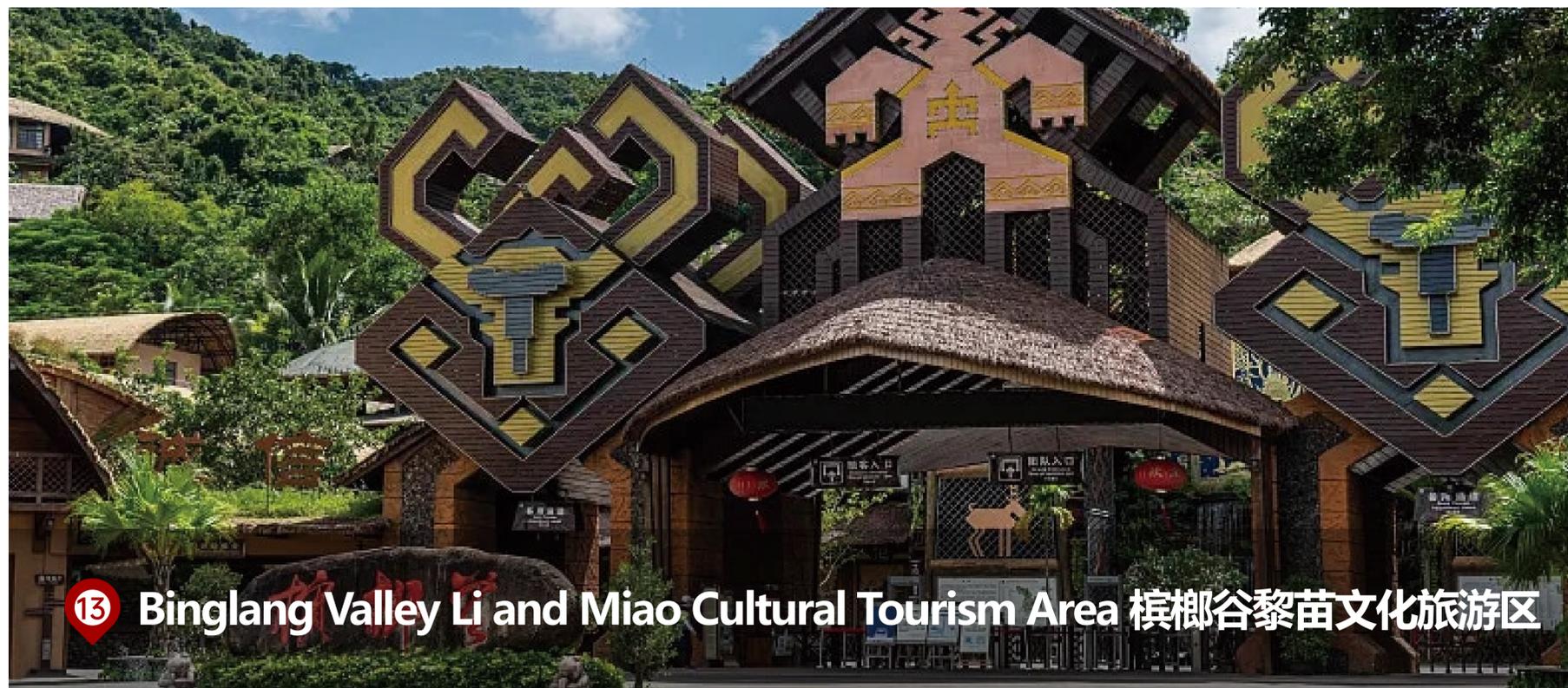


⑦ Wanlv Park 万绿园



⑧ Tianya Haijiao 天涯海角





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14 Nanshan Cultural Tourism Area 南山文化旅游区

Brief

A gentle breeze rustles through the arcades of Nanyang-style houses, the sea's rhythm permeating a thousand years of folk customs. Hainan's landscape holds a diverse charm: the lively and joyful antiphonal singing and bamboo pole dance of the Li people during their "March 3rd" festival, the Li brocade and batik weaving patterns of time; the fragrant five-colored rice of the Miao people, the bustling Junpo Festival and Flower Exchange Festival filling the streets with jubilation. The tenderness of Wenchang chicken, the refreshing sweetness of Qingbuliang (a type of sweet soup), and the tangy spiciness of Zhaobo vinegar paint a picture of tropical flavors on the palate.

Why Go Here

- Blue Sea and Silver Beach
- Coconut Breeze and Ocean Charm
- Li and Miao Ethnic Customs
- Fresh Food Tasting

Basic info

Time zone: CST (UTC+8)

Area code: +86/ 0898

Postal code: 570000

Language: Mandarin

Currency: RMB, called "Yuan", "Jiao", "Mao",

10 Jiao = 1 Yuan

Plug:  

Voltage: 220V

Frequency: 50 Hz

Currency conversion:

RMB: ¥

US dollars: 1 USD = 7.2559 RMB

1 RMB = 0.1378 USD



Police: 110

Medical Care: 120

Traffic Accident: 122

Fire Emergency: 119

Sights

Wuzhizhou Island

蜈支洲岛



Wuzhizhou Island in Sanya is a 5A-level scenic area in Haitang Bay, covering an area of 1.48 square kilometers. It boasts the title of "China's Tropical Marine Ranch" and offers a comprehensive range of marine, land, air, and underwater activities. Featuring four distinctive diving spots, it is a top-quality diving destination in China. The island is dotted with popular tourist attractions and complemented by high-end coral hotels, making it a well-known island resort complex that integrates sightseeing, recreation, honeymoon, and family activities.

Address

Wuzhizhou Island, Haitang Bay Town, Haitang District, Sanya City

三亚市海棠区海棠湾镇蜈支洲岛

Recommended play time: 6 days

Opening Hours

08:00-19:30 (October 1st - December 31st, Monday - Sunday)

08:30-19:00 (September 30th - September 30th, Tuesday)

Transportation

- Public Transportation: Take bus routes 33, 35, Haitang Bay 1, or Haitang Bay 3 to Haitang Bay Square and walk from there.

- Note: The journey is quite long; taking a taxi is recommended.

② Sanya Atlantis Resort 三亚亚特兰蒂斯度假区



Sanya Atlantis Resort is located on Haitang Bay National Coast. With the mystery of the Atlantis continent as its theme, it features entertainment projects such as Water World, Lost Chambers Aquarium and Dolphin Bay, allowing you to enjoy fun and a journey of marine exploration.

Address

No. 36, Haitang North Road, Haitang Bay, Haitang District, Sanya City, Hainan Province 海南省三亚市海棠区海棠湾海棠北路36号

Recommended play time: 6 days

Opening Hours

The resort is open all day

Transportation

- Taxi: The fare from Sanya Phoenix International Airport to Sanya Atlantis is approximately 150 RMB.

- Public Transportation: Fast air-conditioned buses are available from Sanya Phoenix International Airport, Sanya Railway Station, and Sanya city center to Sanya International Duty-Free City.

③

Xidao Island 西岛



Xidao Island, located in the center of Sanya Bay, is an indigenous island of Hainan, covering an area of 2.8 square kilometers and designated as a 4A-level scenic area. Surrounded by a national-level coral reef reserve, it is a renowned diving destination with over 20 water sports available. Visitors can also visit the adjacent Niwang Island to admire its pristine island scenery and spectacular reef landscapes.

Address

Xiaoqi Port Wharf, Tianya District, Sanya City, Hainan Province 海南省三亚市天涯区肖旗港码头

Recommended play time: 3 days

Opening Hours

Open year-round, 08:30-17:30

Transportation

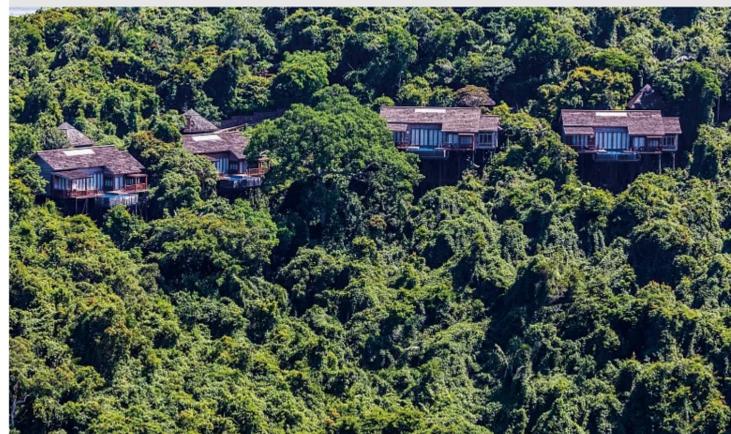
- Public Transportation: Take bus routes 25 (New National Line "Yalong Bay - Xiaodongtian" Tourist Bus), 24 ("Yalong Bay - Tianya Haijiao" Tourist Bus), or 16 to the "Xidao Xiaoqigang" stop. Operating hours: 06:00-18:40, every 15 minutes.

- Taxi: A taxi ride from the city center to Xidao will cost approximately 30-50 yuan one way.

Travel Season

☉ The best time to visit is from November to March. Sanya's climate doesn't change much throughout the year, making it suitable for tourism year-round. While the north gets colder from September onwards, Sanya remains warm like spring, making winter the most ideal time to visit Xidao Island. Sanya is quite hot in summer.

④ Yalong Bay Tropical Paradise Forest Park 亚龙湾热带天堂森林公园



Yalong Bay Tropical Paradise Forest Park is located in the Yalong Bay resort area and has been a filming location for many movies and TV shows. It boasts popular photo spots such as the Over-the-River Dragon Suspension Bridge and the all-sea-view glass walkway, as well as fun activities like rainforest ziplining, showcasing the wild charm of the tropical rainforest and making it an ideal ecological sightseeing and vacation destination.

Address

No. 665 Wanlu Road, Yalong Bay District, Sanya City, Yalong Bay National Tourism Resort 三亚市亚龙湾区湾路665号亚龙湾国家旅游度假区

Recommended play time: 3 days

Opening Hours

08:00-18:00 (January 1st - December 31st, Monday-Sunday)

Transportation

- By bus: From Sanya city center, take a bus (or tourist shuttle bus) towards Yalong Bay, such as routes 15, 24, 25, or 27, and get off at Shenya Mountain Villa Station.

- By taxi: You can take a taxi directly from Sanya city center to Sanya Yalong Bay Tropical Paradise Forest Park.

- By car: From Sanya city center, pick up your car and drive along Yingbin Avenue (or Yuya Avenue) through Jiyang Town towards Yalong Bay for another 5 kilometers to reach the park.

Travel Season

☉ The best time to visit is from November to March of the following year.

⑤ Leiqiong Haikou Volcanic Cluster
World Geopark 雷琼海口火山群世界地质公园



The Leiqiong Haikou Volcanic Cluster World Geopark, located in Shishan Town, is a natural volcanic museum. The scenic area boasts abundant volcanic relics, including basalt, lava flows, and a volcanic stone artifact cultural park. Visitors can climb the Ma'anling crater for panoramic views of Haikou and the Qiongzhou Strait, or explore the base of Fengluling to view volcanic ash and other artifacts. It is a natural paradise combining scientific education and scenic beauty.

Address

No. 89, Fengjing Road, Shishan Town, Xiuying District, Haikou City
海口市秀英区石山镇风景路89号

Recommended play time: 3 hours

Opening Hours

08:00-18:00 (January 1st - December 31st,
Monday-Sunday)

Transportation

- Take bus routes 1, 2, 3, 6, 7, 16, 17, 24, 28, 33, or 35 to Xiuying Avenue. Get off at the Military Supply Station, Xiuying Xiaojie Station (west gate of Xiuying Vegetable Market), or Haibo Market Station. Then, at the Haibo Market Station waiting area, transfer to a minibus ("Xiuying-Shishan" or "Xiuying-Yongxing") or a taxi.
- By shuttle bus: Take the "Fucheng-Meian" minibus from the "Qiongzhou Strait Minibus Station" on Hongcheng Road, Fucheng Town, Haikou City, or from any bus stop on Nanhai Avenue to reach the park directly.

Travel Season

☉ From October to May of the following year, Haikou enjoys calm seas and pleasant weather.

⑥ Holiday Beach Tourist Area
假日海滩旅游景区



Holiday Beach, located in northern Haikou, stretches for 6 kilometers and is adjacent to the Qiongzhou Strait. It is a comprehensive seaside leisure resort in Haikou, featuring sunbathing areas, water sports areas, barbecue areas, and a water park, making it a lively destination. The surrounding area offers a full range of yacht rentals, numerous hotels, and pleasant strolls along the seaside promenade.

Address

Binhai Avenue, Xiuying District, Haikou City,
Hainan Province 海南省海口市秀英区滨海大道

Recommended play time: 3 hours

Opening Hours

All day (January 1st - December 31st, Monday - Sunday)

Transportation

- Take bus routes 35/28/37 to Holiday Beach Bus Stop, and walk approximately 103 meters to reach the destination.

7 Wanlv Park 万绿园



Wanlv Park is an open tropical seaside ecological park in Haikou City. It features a variety of tropical and subtropical ornamental plants, primarily coconut trees, showcasing a tropical garden landscape. Visitors can run, practice martial arts, fly kites, ride tandem bicycles, and there is also a golf driving range, making it a popular weekend getaway.

Address

No. 38 Binhai Avenue, Longhua District, Haikou City 海口市龙华区滨海大道38号

Recommended play time: 3 hours

Opening Hours

Open all year round, 24 hours a day

Transportation

- By Bus
 - ① Take bus routes 3, 6, 17, 18, 21, 31, or 32 and get off at the [Wanlv Yuan] stop.
 - ② Take bus routes 29 or 43 and get off at the Wanlv Yuan West Gate (bus stop), then walk approximately 550 meters.

Travel Season

- ☉ From December to April of the following year, Sanya enjoys a comfortable climate, making it a great place to escape the cold, as it is free from the summer heat and avoids the typhoon season.

8 Tianya Haijiao 天涯海角



Tianya Haijiao, located at the western end of Sanya Bay, is a tranquil and beautiful beach and a landmark of Sanya. During the reign of Emperor Yongzheng of the Qing Dynasty, an official named Cheng Zhe commissioned the carving of the characters "Tianya" (End of the Earth), which were later inscribed as "Haijiao" (Cape of the Sea) by scholars. The two giant rocks became a symbol of love. The scenic area also features attractions such as "Southern Pillar of Heaven," "Sun and Moon Stones," and a sculpture garden of famous figures, all carrying the end-of-the-world sentiment that has been passed down through the ages.

Address

Maling Mountain Foothills, Tianya District,
Sanya City, Hainan Province
海南省三亚市天涯区马岭山麓

Recommended play time: 3-5 hours

Opening Hours

Opening Hours: 08:00-19:00 (March 1st - October 31st, Monday - Sunday)

08:00-18:30 (November 1st - December 31st,
Monday - Sunday)

Transportation

- Public Transportation: Take bus routes 16, 21, 24, 25, 29, or 55 and get off at the "Tianya Haijiao" stop.

Travel Season

- ◎ Sanya enjoys a comfortable climate during winter, making it a great place to escape the cold. Without the summer heat and avoiding typhoon season, winter is the best time to visit.

Riyue Bay 日月湾



Riyue Bay is a national AAA-level tourist attraction. The Haimen Scenic Area is located on Hainan's golden coast, 168 kilometers from Haikou and 87 kilometers from Sanya, just 500 meters from the entrance to the East Line Expressway. The scenic area combines unique marine landscapes with bay-themed culture, divided into Haimen Park and the Taiwan Strait Folk Culture Scenic Area. The former features attractions such as the Haimen wonder and beach entertainment, while the latter connects numerous unique attractions, including artificial waterfalls and cultural performances, via a small river.

Address

Hainan Ring Expressway, Wanning City 万宁市
海南环岛高速

Recommended play time: 3 days

Opening Hours

07:30-17:30 year-round

Transportation

- By public transport: Take a bus heading towards Sanya (Hainan) and get off at the Riyue Bay Interchange stop. It's about a 12-minute walk from there.

- By car: Drive 173.9 kilometers along the G98 Hainan Ring Expressway, turn left onto the internal road, and continue driving for 11 meters to reach the destination..

Travel Season

- ◎ Spring, autumn, and winter offer pleasant weather, while summer is the typhoon and thunderstorm season in Hainan, with sometimes large waves.

10 Fenjiezhou Island 分界洲岛



Fenjiezhou Island in Hainan is located at the border between Lingshui and Wanning, and is a tropical island with unique characteristics. The ticket includes round-trip ferry tickets. It boasts high-quality beaches and seawater, a variety of marine entertainment activities, excellent diving conditions, and a variety of guest rooms, making it a romantic destination for couples.

Address

Lingshui Li Autonomous County, Hainan
Island Ring Expressway East Line Exit Niuling
陵水黎族自治县海南环岛东线高速牛岭出口处

Recommended play time: 6 hours

Opening Hours

Open year-round from 08:30 to 22:30

Transportation

- By car: Take the G98 Ring Expressway to the Niuling Exit (Haikou to Sanya; Sanya to Haikou). Upon arrival at the scenic area, purchase tickets and take a boat to the island.
- By high-speed train: Take the high-speed train to Lingshui Station. At the station entrance, take the free shuttle bus to Fenjiezhou Island Tourist Area. The journey takes approximately 15 minutes directly to the scenic area.
- By car: From Sanya, take a bus and then transfer to the free shuttle bus or minibus to the expressway exit. From Haikou, take a bus to Lingshui and then transfer to the scenic area bus. Purchase tickets and take a boat to the island at the pier.

11 Shenzhou Peninsula 神州半岛



Shenzhou Peninsula is located in Dong'ao Town, Wanning City. Surrounded by the sea on three sides and connected to the land on one side, it boasts pristine coastal scenery with both inner and outer seas. Modern additions include star-rated hotels and golf courses. The waters remain untouched; unauthorized swimming is discouraged. However, activities such as surfing and snorkeling are available at the club.

Address

Dong'ao Town, Wanning City, Hainan Province
海南省万宁市东澳镇

Recommended play time: 3-6 days

Opening Hours

Open all day

Transportation

- Public Transportation

① Take the high-speed rail to Shenzhou High-Speed Rail Station, then take the Shenzhou Peninsula-Shenzhou High-Speed Rail Station shuttle bus.

② In Wanning city, take the Shenzhou Peninsula-Wanning city shuttle bus.

③ Take Xinglong Tourist Bus Route 6 to Shenzhou Peninsula Tourist Area.

④ You can take the "Fengcai Car," a local Wanning specialty vehicle, also known as a "bengbeng car," with fares ranging from 1 to 10 yuan depending on the distance.

- Driving: Navigate to Junlinhai Community, then drive straight to the Shenzhou Peninsula sales office.



Yanoda Rainforest Cultural Area comprises Rainforest Valley, Dream Valley, and Sandao Valley, combining pristine tropical rainforest landscapes with the folk customs of the Li and Miao ethnic groups. The area features Hainan's longest high-altitude zipline, thrilling waterfall trekking, and panoramic views from the observation deck overlooking Haitang Bay, Wuzhizhou Island, and Nanwan Monkey Island. The area also houses a duty-free experience store offering a wide range of international top brands in cosmetics, personal care, and more, all under customs supervision, guaranteeing authenticity.

Address

Sandao Town, Baoting Li and Miao Autonomous County, Hainan Province 海南省保亭黎族苗族自治县三道镇

Recommended play time: 3-6 days

Opening Hours

Open year-round from 08:30 to 18:00

Transportation

- Purchase a bus ticket to "Yanoda" at Sanya Bus Terminal;

- Take the Intercity Bus Line 1 from Sanya and get off at the Yanoda Rainforest Cultural Tourism Area bus stop. It's within walking distance.

Travel Season

- ◎ The best times to visit are March-May and September-October. These are the ideal times to visit the Yanoda Rainforest Cultural Tourism Area and enjoy authentic, health-focused meals.

13 Binglang Valley Li and Miao Cultural Tourism Area 槟榔谷黎苗文化旅游区



Established in 1998, the Hainan Binglang Valley Li and Miao Cultural Tourism Area is located at 18° North latitude, bordering Baoting and Sanya, and is named after the Binglang Valley. The scenic area includes seven cultural experience zones and boasts ten national intangible cultural heritage items. The Li ethnic group's textile dyeing, weaving, and embroidery are listed in the United Nations, making it a living fossil of Hainan's ethnic culture.

Address

Ganshiling Binglang Valley, Sandao Town, Baoting Li and Miao Autonomous County
保亭黎族苗族自治县三道镇甘什岭槟榔谷

Recommended play time: 4 hours

Opening Hours

Open year-round from 08:30 to 18:00

Transportation

- ① Scenic Area Shuttle Bus: Guoguang Hotel (9:20 AM) → Sanya Resort → Jinglilai Hotel → Beautiful New Coast → Green Sea Garden → Blue Sea and Sky → 425 Hospital → Tuanjie Street Intersection → Xinfeng Street Intersection → Phoenix Island → Yifang Department Store → Luhitou Square → Hawaii Hotel → Summer Department Store → Dadonghai Square → Yuya Road → Jiyang Health Center → Return Trip (4:10 PM)
- ② Hainan Bus: Purchase a ticket to "Sandao" at Sanya Bus Terminal. Inform the ticket seller that you want to get off at the new gate of Binglang Valley Scenic Area.
- ③ Intercity Bus No. 1: Take Intercity Bus No. 1 from Sanya Railway Station and get off at Binglang Valley Scenic Area.

14 Nanshan Cultural Tourism Area 南山文化旅游区



Nanshan Cultural Tourism Zone is a large-scale park showcasing traditional Chinese Buddhist culture. Its highlight is the 108-meter-tall, three-sided Guanyin statue overlooking the sea, hailed as Hainan's "treasure of the island." The park includes Nanshan Temple and many other attractions, as well as vegetarian restaurants and hotels, making it very convenient for visitors to visit and worship.

Address

Nanshan Village, Yazhou District, Sanya City, Hainan Province 海南省三亚市崖州区南山村

Recommended play time: 3 days

Opening Hours

08:00-17:00 (January 1st - December 31st, Monday-Sunday)

Transportation

- Taxi: A taxi ride from the city center to Nanshan takes approximately 40 minutes and costs around 60-80 yuan.

Special Shuttle Bus: The New National Line Nanshan Special Line departs from Yalong Bay, passing through Dadonghai, Luhuitou Park, Bailu Park, Beauty Crown, Sanya Bay, Xidao Island, and Tianya Haijiao, before reaching Nanshan and Xiaodongtian. The fare is 10 yuan for the entire journey, and 8 yuan from the city center to Nanshan. Departure time: 6:00-19:20, every 12 minutes.

Travel Season

- ◎ September to February of the following year. The Lunar New Year period is the peak tourist season; it is recommended to avoid peak times.

Eating

Hainan cuisine is a sensory feast infused with the sea breeze, relying on tropical produce to combine freshness and crispness with rich flavors. The four famous dishes—Wenchang chicken, Hele crab, Dongshan goat, and Jiaji duck—are considered exceptional, with poaching and steaming highlighting the natural flavors of the ingredients. Various noodle dishes are tangy and spicy, appetizing, with Hainan rice noodles and Baoluo rice noodles boasting abundant toppings; Qingbuliang (a sweet soup) and coconut rice, infused with coconut aroma, are perfect for cooling off in the summer. The tangy and fragrant Zhaobo vinegar hot pot is irresistible, while Lingao roasted suckling pig has crispy skin and tender meat. Li and Miao flavors are infused with wild mountain ingredients, each bite offering the unique freshness and richness of the island.

◆ Wenchang Chicken 文昌鸡

Wenchang chicken is the top of the four famous dishes of Hainan. The classic way to prepare it is by poaching. It has crispy skin, tender meat, soft bones, and fresh flavor. The meat is sweet and not greasy. It is a signature dish of Hainan banquets and everyday meals.



◆ Hele Crab 和乐蟹

Hele crab is one of the four famous dishes of Hainan, renowned for its abundant roe and plump, sweet and tender meat. Steaming is the best way to eat it, as it locks in the original flavor of the ingredients to the greatest extent, resulting in a rich and fragrant crab aroma. It is a signature delicacy that cannot be missed in the island's seafood feast.



◆ Dongshan Goat 东山羊

Dongshan goat is one of the four famous dishes of Hainan. It feeds on a variety of mountain herbs, resulting in tender, firm meat with no gamey taste. Whether boiled, cooked in hot pot, or prepared in other ways, its rich, savory flavor shines through, making it a classic delicacy highly favored by diners at Hainan banquets.



◆ Jiaji Duck 嘉积鸭

Jiaji duck is one of the four famous dishes of Hainan. Also known as Muscovy duck, its meat is tender and succulent without being greasy. The poaching method best highlights its original flavor, making it a delicious delicacy for both banquets and everyday meals in Hainan.



◆ Lingshui Sour Rice Noodles 陵水酸粉

Lingshui sour rice noodles are a popular local snack in Hainan. The chewy, thin rice noodles are soaked in a fresh, sour, and spicy broth, and are paired with a variety of ingredients such as dried fish, dried beef, and dried sandworms, creating a delightful blend of sour, fragrant, and sweet flavors.



◆ Baoluo Rice Noodles 抱罗粉

Baoluo Rice Noodles are a classic specialty snack from Wenchang, Hainan, and are among the most famous rice noodles in Hainan. The rice noodles are thin, smooth, and chewy, and the broth is made with pork bones and seafood, resulting in a rich and flavorful soup with a subtle coconut aroma. It's served with a variety of toppings, including dried beef, peanuts, pickled vegetables, and scallions, creating a delightful interplay of sour, sweet, salty, and savory flavors. A beloved breakfast and street food in Hainan, its refreshing and light taste perfectly captures the unique, down-to-earth charm of island cuisine.



◆ Qingbuliang 清补凉

Qingbuliang is a summer treat in Hainan. It is made with sweet coconut milk or syrup as a base, and is topped with more than ten kinds of ingredients such as coconut meat and red beans. It has a rich taste, is refreshing and not greasy, and is an authentic local snack full of coconut breeze and sea flavor.



Notes

Hospital

- **Hainan Provincial People's Hospital**

海南省人民医院

Address: No. 19 Xiuhua Road, Xiuying District, Haikou City

Tel: 0898-68642548

Website: <http://www.hnph.com.cn/>

Opening hours: 24 hours

- **The First Affiliated Hospital of Hainan Medical University** 海南医学院第一附属医院

Address: No. 31, Longhua Road, Longhua District, Haikou City

Tel: 0898-66773791

Website: <http://www.hnfy.com.cn/>

Opening hours: 24 hours

- **The Second Affiliated Hospital of Hainan Medical University** 海南医学院第二附属医院

Address: No. 43, Renmin Avenue, Haidian Island, Meilan District, Haikou City

Tel: 0898-66809114

Website: <http://www.hn2fy.com/>

Opening hours: 24 hours

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Hainan Attractions Map

