

Jiangxi

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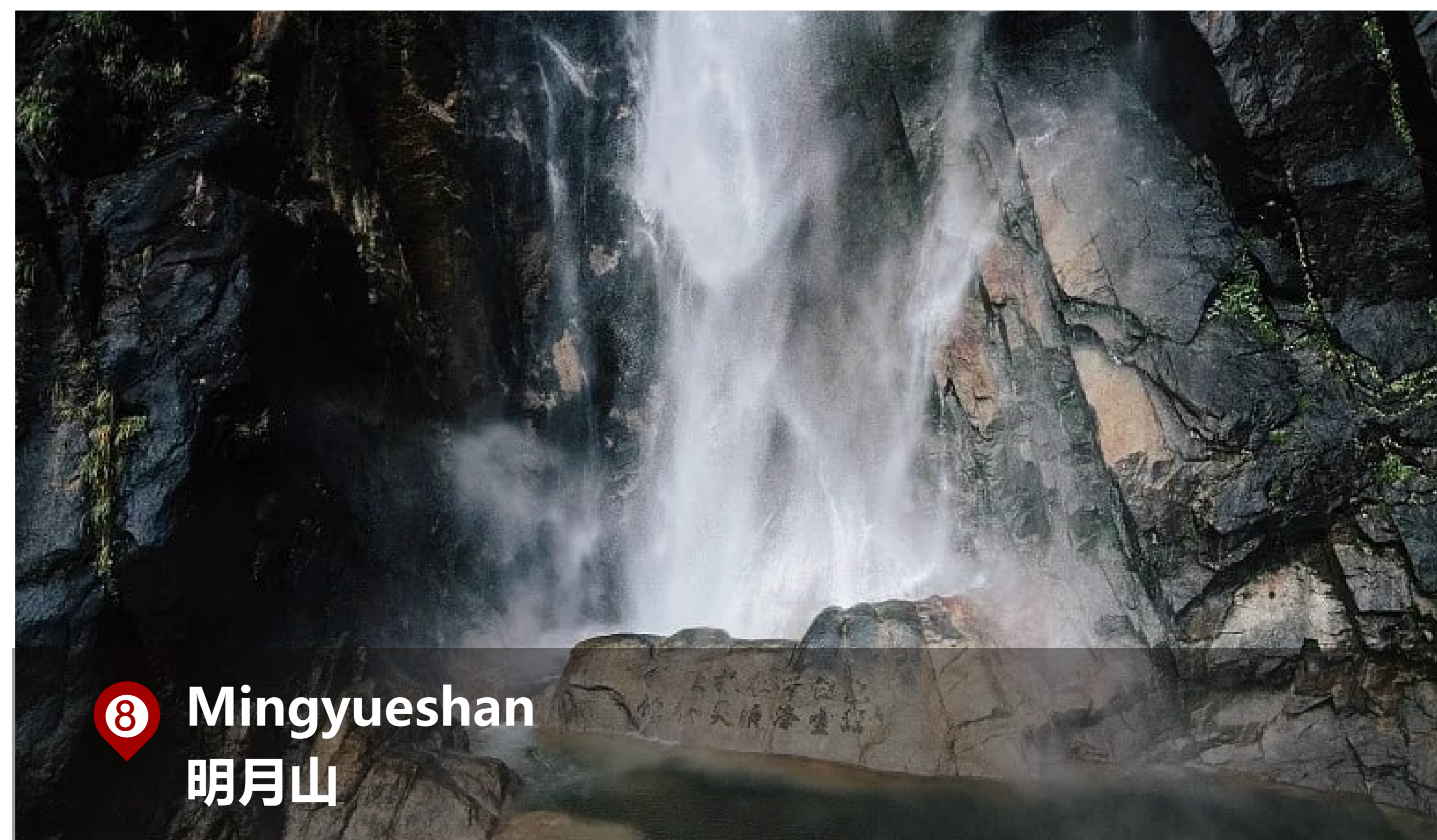
⑤ **Wuyuan Huangling Scenic Area**
婺源篁岭景区



⑥ **Wugongshan Scenic Area**
武功山风景区



⑦ **Wangxiangu**
望仙谷



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明月山



⑨ Jinggangshan
井冈山



⑩ Ruijin Cradle of the Republic
Scenic Area 瑞金共和国摇篮景区



⑪ Dajueshan
大觉山



⑫ Guifeng
龟峰

Brief

The charm of Jiangxi lies hidden in the everyday life of its people, a legacy spanning millennia. The prayers of the Wan'an children at the Lantern Festival echo through the ages, while the melodious tunes of the Gannan Tea-Picking Opera resonate. The aroma of stir-fried water chestnuts with cured pork wafts through the streets, and the warmth of earthenware pot soup lingers in the morning light. Hakka walled villages preserve the warmth of bygone eras. Red memories and folk customs intertwine, creating a gentle and nurturing atmosphere amidst the mountains and rivers. Every dish and custom reveals the unique and vibrant character of Jiangxi.

Why Go Here

- Scenic Wonders
- Tracing the Roots of Red Culture
- Jiangxi cuisine is spicy and satisfying
- Experiencing Hakka Culture

Basic info

Time zone: CST (UTC+8)

Area code: +86/ 0591

Postal code: 330000

Language: Mandarin

Currency: RMB, called "Yuan", "Jiao", "Mao",

10 Jiao = 1 Yuan

Plug:  

Voltage: 220V

Frequency: 50 Hz

Currency conversion:

RMB: ¥

US dollars: 1 USD = 7.2559 RMB

1 RMB = 0.1378 USD



Police: 110

Medical Care: 120

Traffic Accident: 122

Fire Emergency: 119

Sights

Lushan Scenic Area 庐山风景名胜区



Mount Lu, located on the shores of Poyang Lake in Jiujiang, boasts a rich cultural heritage, made famous by a line from Su Shi's poem. The scenic area is well-developed, featuring verdant mountains and clear waters, waterfalls, villas, and other attractions. Transportation is convenient, with buses departing from Jiujiang. The main hub is Guling Town, offering convenient access to food, accommodation, and shopping. The attractions are divided into east and west routes; a combination of sightseeing bus and walking is recommended. Visitors can also check out the cinema dedicated to the film "Lushan Romance."

Address

No. 19, Hexi Road, Guling Town, Lushan City, Jiujiang City, Jiangxi Province 江西省九江市庐山市牯岭镇河西路19号

Recommended play time: 9 days

Opening Hours

Open all day

Transportation

● ① There are direct tourist buses from Jiujiang Railway Station Square to Guling, Lushan Mountain. The journey is approximately 36 kilometers and takes about 50 minutes.

② From Jiujiang Long-Distance Bus Station, there are minibuses and large buses going up the mountain, departing roughly every half hour, which is very convenient.

③ You can take bus route 1 (about 1 yuan per person; the bus stop is to the right after exiting the railway station) from Jiujiang Railway Station to Jiujiang Long-Distance Bus Station.

④ There are minibuses to Lushan Mountain near Jiujiang Passenger Terminal, and also minibuses offering "Lushan Day Trip" tours near Yanshui Pavilion in Gantang Lake.

⑤ There are daily buses to Lushan Mountain from Nanchang Long-Distance Bus Station in Jiangxi Province. One minibus departs at 8:25 AM, with more frequent departures during peak tourist season (the buses travel via National Highway 105 to various scenic spots and attractions in Jiujiang County, Gongqing City, Yongxiu County, and the "Peach Blossom Spring" scenic area in Xingzi County).

⑥ Lushan Bus Station, located in Guling Town, Jiujiang, beside the North Mountain Highway leading to Lushan, is a central transportation hub in the Lushan Scenic Area. It offers buses to Jiujiang city and some short- and long-distance buses to various destinations near Lushan.

Travel Season

☉ Mount Lushan has a subtropical humid monsoon climate. Due to its altitude, there is a significant temperature difference between the summit and the foothills. The average annual temperature is about 11.5°C, about 6 °C lower than at the foot of the mountain. It is characterized by moderate heat, abundant rainfall, and strong winds and snow.

Mount Lushan is suitable for visiting year-round, with summer being the best time to go. The average temperature is around 22 °C, making it a popular summer resort. While the mountains are lush and green, thunderstorms are frequent, so rain gear is necessary. Spring is mild and changeable with blooming flowers, so warm clothing is essential. Autumn is cool and dry, offering the best views of Mount Lushan. Winter is the off-season, offering good value for money and the opportunity to enjoy snow scenery, but warm clothing is still required.

② Sanqingshan 三清山



Sanqingshan, known as "Little Huangshan," combines natural wonders with Taoist charm. Over forty unique peaks and more than fifty strangely shaped rocks are remarkably life-like, and spectacular sights such as the Monkey King Offering Treasure are truly amazing. Ten scenic areas are scattered throughout the mountains, with high-altitude walkways soaring through the clouds and breathtaking sunrises over seas of clouds.

Address

Sanqing Township, Yushan County, Shangrao City 上饶市玉山县三清乡

Recommended play time: 6 days

Opening Hours

Open all year round, 24 hours a day

Transportation

- Take a train to Shangrao or Yushan County, and then transfer to a bus to Sanqingshan (Yushan Railway Station is closer to Sanqingshan).

Travel Season

- ◎ Sanqingshan Mountain boasts both sub-tropical and alpine climate characteristics, with an average annual temperature of 10-12 °C.

Summers are cool and pleasant. The scenery varies with the seasons: spring brings blooming wildflowers and azaleas; summer offers cool, cloudless skies, ideal for viewing the stone carvings; autumn brings clear skies and often the phenomenon of the Brocken spectre; winter blankets the peaks in snow, with swirling clouds creating a fairyland atmosphere. Spring and autumn are the best seasons to visit for a superior experience

③ Longhushan 龙虎山



Longhu Mountain is the birthplace of Taoism in China and boasts typical Danxia landforms, covering an area of approximately 220 square kilometers. It holds numerous accolades, including World Natural Heritage Site, World Geopark, and National 5A-level Tourist Area. It joined the World Geoparks Network in 2007, was inscribed on the World Heritage List in 2010 along with "China Danxia," and was shortlisted for a gold medal for tourism in 2009.

Address

No. 56, Yangjiaxi Village, Yacheng Town, Xiapu County, Ningde City, Fujian Province 福建省宁德市霞浦县牙城镇杨家溪村56号

Recommended play time: 3 days

Opening Hours

08:00-17:30 (Summer Time), 08:00-17:00 (Winter Time) (January 1st - December 31st, Monday-Sunday)

Transportation

- ① Arrive in Yingtan by public transportation from various locations. Take a tourist minibus from the "Longhushan Tourist Bus Stop" next to Yingtan Railway Station.
- ② Alternatively, after arriving in Nanchang, take the "Nanchang Changyun Long-Distance Bus" directly to Yingtan, then transfer to a tourist minibus from Yingtan to Longhushan.

④ Tengwang Pavilion 滕王阁



Tengwang Pavilion, located on the banks of the Gan River, is one of the "Three Great Towers of Jiangnan" and a landmark of Nanchang. Famous for the "Preface to Tengwang Pavilion," it has been repeatedly destroyed and rebuilt, yet still retains its ancient charm. Inside the nine-story pavilion are couplets by famous calligraphers and a preface handwritten by Su Shi. Climbing the pavilion and looking out over the Gan River, one feels a blend of the past and present, making it a must-visit spot with a strong sense of ritual during a trip to Nanchang.

Address

No. 58, Fanggu Street, Donghu District, Nanchang City, Jiangxi Province 江西省南昌市东湖区仿古街58号

Recommended play time: 3 hours

Opening Hours

Open year-round from 08:00 to 18:30

Transportation

- By bus: Take Nanchang trolleybus routes 2, 7, 8, 12, 20, or 26 directly to the Tengwang Pavilion stop.
- By subway: Take Nanchang Metro Line 1 and get off at Tengwang Pavilion Station.
- By car: From Nanchang Railway Station, take Luoyang Road, South Square Road, Zhongshan East Road, then turn onto Fuhe North Road. The destination is right there. Multiple parking lots are available around the scenic area.

⑤ Wuyuan Huangling Scenic Area 婺源篁岭景区



Huangling, an ancient village in Huizhou, is nestled among terraced fields and ancient trees, and is famous for its spectacular "autumn drying" phenomenon. It offers beautiful scenery in every season: spring brings a sea of flowers across the terraced fields, summer offers lantern displays on summer nights, autumn evokes the nostalgia of autumn harvest, and winter provides a taste of traditional New Year customs. Here, traditional Hui-style houses blend seamlessly with modern experiences, where you can sample authentic snacks and even try your hand at making intangible cultural heritage items.

Address

Huangling Village, Jiangwan Town, Wuyuan County, Shangrao City 上饶市婺源县江湾镇篁岭村

Recommended play time: 3-6 days

Opening Hours

Year-round, Monday-Friday, 08:30-17:00

Transportation

- ① Shuttle bus: The boarding point is at Wuyuan High-speed Railway Station. Shuttle buses heading to Huangling Scenic Area will be marked on the front of the bus.
- ② Taxi: Huangling Scenic Area is approximately 40 kilometers from the high-speed railway station, a journey of about 50 minutes.

Travel Season

◎ Jiangxi is best visited in spring and autumn. From March to April, visitors can admire the rapeseed flowers in Wuyuan, and from September to December, they can witness the autumn harvest in Huangling. In summer, from July to August, the mountains and caves, including Sanqingshan, offer cool respite from the heat, making them ideal for escaping the summer heat. In winter, Poyang Lake is suitable for birdwatching, and the snow scenery of Sanqingshan is also a major attraction.

⑥ Wugongshan Scenic Area 武功山风景区



Wugong Mountain spans the cities of Pingxiang and Anfu. Its main peak, the Golden Summit, reaches an altitude of approximately 1,900 meters and is characterized by alpine meadows and an ancient altar dating back a thousand years. The core experiences include climbing to the Golden Summit, enjoying the sunrise and sea of clouds, and camping under the stars. There are challenging hiking routes and easier routes that combine hiking and cable car rides.

Address

Luwanwu Tourist Highway, Luxi County, Pingxiang City 萍乡市芦溪县芦万武旅游公路

Recommended play time: 6 days

Opening Hours

All day (January 1st - December 31st, Monday - Sunday)

Transportation

- You can reach Wugong Mountain by taking a bus from Pingxiang Railway Station.



Wangxian Valley in Shangrao is a national AAAA-level scenic area nestled at the foot of Lingshan Mountain. Within the valley, streams and waterfalls cascade, pine trees and bamboo forests reflect each other, and rammed earth walls and bluestone paths exude the charm of Jiangxi. Strolling through the folk markets,

sampling local delicacies, and immersing oneself in the natural landscape, culture, and agricultural traditions, it's a secret retreat for slow-paced relaxation.

Address

County Road 636, Wangxian Township, Guangxin District, Shangrao City, Jiangxi Province 江西省上饶市广信区望仙乡636县道

Recommended play time: 6days

Opening Hours

Open year-round from 08:00 to 20:00



8 Mingyueshan
明月山

Mingyue Mountain is divided into the Tanxia area and the four peak areas, boasting fantastic natural scenery and Buddhist and Taoist religious architecture. The mountain features five waterfalls, with the Yungu Waterfall, the largest waterfall in southern China, being particularly famous. The rare alpine meadows and stunning sunrises of Taiping Mountain are the core attractions.

Address

No. 58, Fanggu Street, Donghu District, Nanchang City, Jiangxi Province 江西省南昌市东湖区仿古街58号

Recommended play time: 3 hours

Opening Hours

07:30-16:30 (May 1st - October 31st, Monday-Sunday)
08:00-16:00 (November 1st - April 30th of the following year, Monday-Sunday)

Transportation

- Yichun Bus Station has multiple daily bus services to Mingyue Mountain.

9 Jinggangshan 井冈山



Jinggang Mountain is located in the central section of the Luoxiao Mountains in southwestern Jiangxi Province. It boasts multiple titles, including a national 5A scenic area and a world biosphere reserve. Here, "red and green complement each other," featuring historical sites like Huangyangjie and Bajiaolou, as well as beautiful scenery such as seas of clouds, waterfalls, and primeval forests. The area is also rich in negative oxygen ions.

Address

Ciping Town, Jinggangshan City, Ji'an
吉安市井冈山市茨坪镇

Recommended play time: 9 days

Opening Hours

08:00-16:30 (November 16th - February 15th of the following year, Monday-Sunday)

08:00-17:00 (February 16th - November 15th, Monday-Sunday)

Transportation

- Jinggangshan is easily accessible by air, train, or bus. It's also possible to drive from nearby areas.

- Jinggangshan Airport is 88 kilometers from Ciping (the location of the Jinggangshan Tourist Distribution Center). You can take the airport bus directly to Ji'an City, then take a bus from Chengnan Bus Station to Ciping. Alternatively, you can take a taxi directly from the airport to Ciping; the usual price is around 260 yuan. Remember to specify that you want to get off at Ciping, as Jinggangshan is now divided into Ciping and the new city area.

10 Ruijin Cradle of the Republic Scenic Area 瑞金共和国摇篮景区



Ruijin, known as the "Red Capital," was the capital of the Chinese Soviet Republic. The Cradle of the Republic Tourist Area encompasses core areas such as Yeping, Hongjing (Red Well), and the site of the Second Soviet Congress. Here you'll find a well-preserved cluster of revolutionary sites, the famous Hongjing Well, and the octagonal-hat-shaped auditorium, making it an ideal destination for immersive red tourism and patriotic education.

Address

Yeping Town, Ruijin City, Ganzhou City, Jiangxi Province
江西省赣州市瑞金市叶坪镇

Recommended play time: 1 hour

Opening Hours

Open year-round from 08:30 to 17:00

Tips

◎ The surrounding architecture and scenery of the Ruijin Revolutionary Site are unique, attracting many photography enthusiasts to take pictures.



Dajue Mountain is located in Zixi County, Fuzhou, and is divided into east and west sections: the east section is 300,000 mu of virgin forest, while the west section focuses on religious culture and canyon rafting. Key scenic spots include Dajuezhe Peak, the "Nine Heavens and Eight Earths" wonder, and the

1700-year-old Sanjiao (Three Teachings in One) Rock Temple. A 30-kilometer loop connects these beautiful sights, and with the addition of an ancient Song Dynasty town, it is an ideal retreat for meditation and relaxation.

Address

No. 14, Jianshe East Road, Zixi County, Fuzhou City, Jiangxi Province 江西省抚州市资溪县建设东路14号

Recommended play time: 3 days

Opening Hours

08:00-17:30 (January 1st - December 31st, Monday - Sunday)

08:30-17:00 (January 1st - December 31st, Monday - Sunday)

Transportation

● By car: Located in Zixi County, Fuzhou City, it is accessible by car.



Guifeng, located in Yiyang County, is a typical Danxia landform, famous for its tortoise-shaped landscape where "every mountain and every rock resembles a tortoise." It boasts numerous accolades, including World Natural Heritage and World Geopark designations, and possesses a rich cultural heritage. Praised by Xu Xiake, it was also a filming location for "Journey to the West," making it a shining pearl of the Poyang Lake Economic Circle.

Address

Guifeng Avenue, Yiyang County, Shangrao City, Jiangxi Province
江西省上饶市弋阳县龟峰大道旁

Recommended play time: 5 hour

Opening Hours

06:30-16:00 year-round

Transportation

- Take tourist bus route 2 from Yiyang High-speed Railway Station directly to Guifeng Scenic Area.



Eating

The cuisine of Jiangxi province embodies the spirit of its mountains and rivers, as well as the warmth of its everyday life. Lotus blood duck is spicy and flavorful, stir-fried water chestnut with cured pork is fragrant and refreshing, and Ningdu three-cup chicken is rich in wine aroma. Paired with the classic combination of Nanchang mixed rice noodles and clay pot soup, every bite is a true taste of Jiangxi. Hakka stuffed tofu, steamed pork with rice flour, and other delicacies carry the weight of a thousand-year-old culinary culture and the taste of home.

◆ Lotus Blood Duck 莲花血鸭

Lianhua Blood Duck is a provincial-level intangible cultural heritage and one of the top ten Jiangxi dishes from Lianhua County, Jiangxi Province. It uses local Ma ducks and duck blood as the main ingredients, cooked with tea oil and rice wine. It has a bright red color, a fresh, spicy, and mellow flavor, and carries a rich historical background and the distinctive taste of Jiangxi.



◆ Ningdu Three-Cup Chicken 宁都三杯鸡

Made primarily with Ningdu yellow chicken, it's braised with one cup each of rice wine, tea oil, and soy sauce. The meat is tender and flavorful with a rich aroma of wine. Inspired by the story of Wen Tianxiang, it was selected for the Olympic menu.



◆ Stir-fried Pork with Artemisia argyi

藜蒿炒腊肉

Stir-fried water chestnut with cured pork is one of the top ten dishes of Jiangxi Province. It is made by stir-frying water chestnut from Poyang Lake with traditionally cured pork over high heat. The crisp and tender textures blend together with the rich and mellow cured flavor, creating a classic taste that embodies the nostalgia of Jiangxi.



◆ Stir-fried Pork with Yugan Chili 余干辣椒炒肉

Stir-fried pork with Yugan chili peppers is one of the top ten Jiangxi dishes and a classic of Rao cuisine. It is made by stir-frying pork belly with Yugan maple tree chili peppers. It is spicy but not spicy, fresh and spicy with a sweet aftertaste, and the pork is tender and fragrant. It is an authentic Jiangxi flavor that goes well with rice.



◆ Four Stars Gazing at the Moon 四星望月

"Four Stars Gazing at the Moon" is a provincial-level intangible cultural heritage, named by Mao Zedong. It consists of steamed fish served with four side dishes. The dish is fresh, spicy, tender, and smooth, symbolizing reunion and carrying red memories.



◆ Jinggang Smoked Bamboo Shoots 井冈烟笋

Made from fresh bamboo shoots smoked with pine wood, it is known as "sea cucumber of the bamboo forest". It is often stir-fried with cured pork, the bamboo shoots are crisp and absorb the oil, and the aroma of the cured pork blends together, also carrying the memories of the revolution.



◆ Nanchang Mixed Rice Noodles 南昌拌粉

Nanchang mixed rice noodles are the soul of Nanchang breakfast. The noodles, made from local late-season indica rice, are chewy and smooth. They are coated with more than ten kinds of seasonings, including lard and chili oil, and served with a clay pot soup. It is a classic dish that embodies the everyday life and nostalgia of Jiangxi.



◆ Jiujiang Tea Cake 九江茶饼

This provincial-level intangible cultural heritage item originated in the Tang Dynasty and is made from Lushan Yunwu tea powder and other ingredients. It is thin, crispy, sweet, and has a lingering tea aroma; it was once a tribute item.



◆ Gannan Stir-fried Fish 赣南小炒鱼

Stir-fried fish with garlic sauce is one of the top ten famous dishes of Hakka cuisine in southern Jiangxi and a provincial intangible cultural heritage. It originated from the ingenuity of Wang Yangming during the Ming Dynasty. It is made with fresh grass carp from the Gan River, and is crispy on the outside and tender on the inside, with a savory and spicy flavor from vinegar.



Notes

Hospital

- **The First Affiliated Hospital of Nanchang University 南昌大学第一附属医院**

Address: Donghu Campus: No. 17 Yongwai Zheng Street, Donghu District, Nanchang City
Tel: 0791-88603000

Website: <http://www.cdyfy.com/>

Opening hours: 24 hours

- **The Second Affiliated Hospital of Nanchang University 南昌大学第二附属医院**

Address: No. 1, Minde Road, Donghu District, Nanchang City

Tel: 0791-86120120

Website: <https://www.jxndefy.cn/>

Opening hours: 24 hours

- **Ganzhou Municipal People's Hospital 赣州市人民医院**

Address: No. 16, Meiguan Avenue, Zhanggong District

Tel: 0797-5889090

Website: <https://www.gzsrmyy.com/>

Opening hours: 24 hours

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