






Fujian

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Brief

Fujian, a land of abundant blessings, is nestled between mountains and sea, brimming with charm. The Danxia landforms of Wuyi Mountain, the diverse architectural styles of Gulangyu Island, and the Tulou (earthen buildings) embodying Hakka wisdom, all tell tales of a thousand-year-old cultural heritage. The lively Minnan mooncake gambling game, the elegant Xunpu flower-adorned dance, and the graceful She ethnic group's songs and dances blend ancient customs with everyday life. From the fragrant Da Hong Pao tea to the rich and flavorful Buddha Jumps Over the Wall soup, and the authentic Shaxian snacks, the taste buds are filled with the flavors of Fujian.

Why Go Here

- Profound ancient architecture
- Fresh Fujian cuisine
- Rich folk customs
- Stunning mountain and sea scenery

Basic info

Time zone: CST (UTC+8)

Area code: +86/ 0591

Postal code: 350000

Language: Mandarin

Currency: RMB, called "Yuan", "Jiao", "Mao",

10 Jiao = 1 Yuan

Plug:  

Voltage: 220V

Frequency: 50 Hz

Currency conversion:

RMB: ¥

US dollars: 1 USD = 7.2559 RMB

1 RMB = 0.1378 USD



Police: 110

Medical Care: 120

Traffic Accident: 122

Fire Emergency: 119

Sights

Wuyishan Scenic Area 武夷山风景区



Wuyi Mountain, known as "Fujian's No. 1 Mountain," is located in the central part of the Wuyi Mountain Range. Within its 60 square kilometers, the 9-kilometer-long Jiuxi River flows alongside 36 peaks, creating a picturesque landscape of emerald waters and crimson cliffs. As a famous mountain for the three religions (Confucianism, Taoism, and Buddhism), it has accessible entrances from both the north and south. Scenic spots such as Tianyou Peak and Dahongpao Mountain are scattered throughout the area, and visitors can explore them by sightseeing bus or on foot.

Address

No. 21, Dawangfeng Road, Wuyishan City, Nanping City, Fujian Province 福建省南平市武夷山市大王峰路21号

Recommended play time: 9 days

Opening Hours

06:30-18:00 (March 1st - October 31st, Monday-Sunday)

07:00-17:00 (November 1st - February 28th of the following year, Monday-Sunday)

Transportation

- You can take the Xiandian bus line, Wuyishan Bus Route 6, Wuyishan Bus Route 6 Night Bus, Wuyishan Bus Route 7, or Wuyishan Bus Route K1 to the Tea Expo Park stop, and walk to the Wuyishan Scenic Area Ticket Center.



Gulangyu Island, covering 1.78 square kilometers, boasts over a thousand buildings that blend Chinese and Western architectural styles, earning it the title of "World Architecture Expo." Now, it is further enhanced with diverse attractions such as the Underwater World, Haoyue Garden, and Yu Garden. The density of parks and museums is exceptionally high, offering a picturesque scene at every turn.

Address

No. 35-6, Huangyan Road, Siming District, Xiamen City, Fujian Province 福建省厦门市思明区晃岩路35-6号

Recommended play time: 6 days

Opening Hours

Open all day

Transportation

- Ferry: Tourists from other places can take a ferry from Xiamen International Cruise Center to Sanqiutian Wharf or Neicuo'ao Wharf on Gulangyu Island.

Sanfang Qixiang 三坊七巷



Located in the heart of Fuzhou, the Three Lanes and Seven Alleys are a network of ten lanes and alleys alongside Nanhou Street, where ancient Ming and Qing dynasty buildings are well-preserved. Here, former residences of famous figures abound, and folk museums hold hidden treasures. Strolling through these lanes, one can touch the millennia-old cultural heritage and truly understand the essence and vibrant life of Fuzhou.

Address

No. 139, Nanhou Street, Gulou District, Fuzhou City, Fujian Province

福建省福州市鼓楼区南后街139号

Recommended play time: 4 hours

Opening Hours

Open all day

Transportation

- Take bus route 505 and get off at the [Macau Road (Provincial Maternal and Child Health Hospital)] stop; it's a short walk from there.
- Alternatively, take bus routes 5, 18, 22, or 55 and get off at the [Shuangpaoqiao] stop.



The Yongding Tulou Cluster, a World Cultural Heritage site and a 5A scenic area, boasts exquisite tulou buildings such as Zhenchenglou and Chengqilou. The round and square tulou buildings are interspersed, showcasing

the wisdom of the Hakka people through a blend of Chinese and Western styles. Visitors can also enjoy unique experiences such as Shifan music and Hakka wedding ceremonies. Stroll through the ancient village, touch the rammed earth texture, and feel the rich and vibrant culture of centuries-old settlements.

Address

Hongkeng Village, Hukeng Town, Yongding District, Longyan City, Fujian Province 福建省龙岩市永定区湖坑镇洪坑村

Recommended play time: 3 days

Opening Hours

Open year-round from 08:30 to 17:00

Transportation

- By car: Some areas have mountain roads, so drive carefully. Those without experience driving on mountain roads are not advised to drive themselves.
- Independent travel: Most areas are not accessible by public transportation, such as

the Gaobei Tulou Cluster, Hongkeng Tulou Cluster, and Chuxi Tulou Cluster in Yongding. It is recommended to book a local day tour to save time and hassle, avoiding the hassle of transferring.

Travel Season

☉ Suitable for all seasons, with mild winters and cool summers.

Tips

There are thousands of Hakka Tulou (earthen buildings), with Zhencheng Building and Chengqi Building being must-see highlights.

The best time to visit is around the time of the Grain in Ear solar term or during the Spring Festival, when you can enjoy the terraced fields shrouded in mist and folk activities. For individual travelers, meals are affordable; when purchasing dried goods, prioritize dark-colored dried bamboo shoots and loose dried vegetables.

⑤ **Yuanyangxi**
鸳鸯溪



Yuanyangxi in Fujian is a national-level mandarin duck reserve. The 14-kilometer valley is hidden deep in the mountains and dense forests, and thousands of mandarin ducks come here to overwinter every autumn. The five major tourist areas each have their own characteristics, integrating mountains, water, waterfalls, caves and rare animals and plants. Baizhangji Water Curtain Cave ranks first among the five major ones in the country, and is a quiet and diverse natural secret.

Address

No. 65, Yiyang Village, Shuangxi Town, Pingnan County, Ningde City 宁德市屏南县双溪镇宜洋村65号

Recommended play time: 3 days

Opening Hours

7:00-17:00

⑥ **Qingyuan Mountain**
清源山



Qingyuan Mountain, a landmark 5A scenic spot in Quanzhou, is conveniently located just 3 kilometers from the city center. The mountain is not high and is ideal for leisure and exercise. Developed since the Qin Dynasty, it is dotted with relics from Confucianism, Buddhism, and Taoism, including Laozi Rock, the stupa containing the relics of Master Hongyi, and cliff carvings from various dynasties, all rich in cultural heritage. Visitors can enjoy tea tasting, sample local farm-style cuisine at the summit, and overlook the

ancient city of Quanzhou – a truly enjoyable experience.

Address

Quanshan Road, Fengze District, Quanzhou City, Fujian Province 福建省泉州市丰泽区泉山路

Recommended play time: 5-12 hours

Opening Hours

Open year-round from 08:00 to 17:30

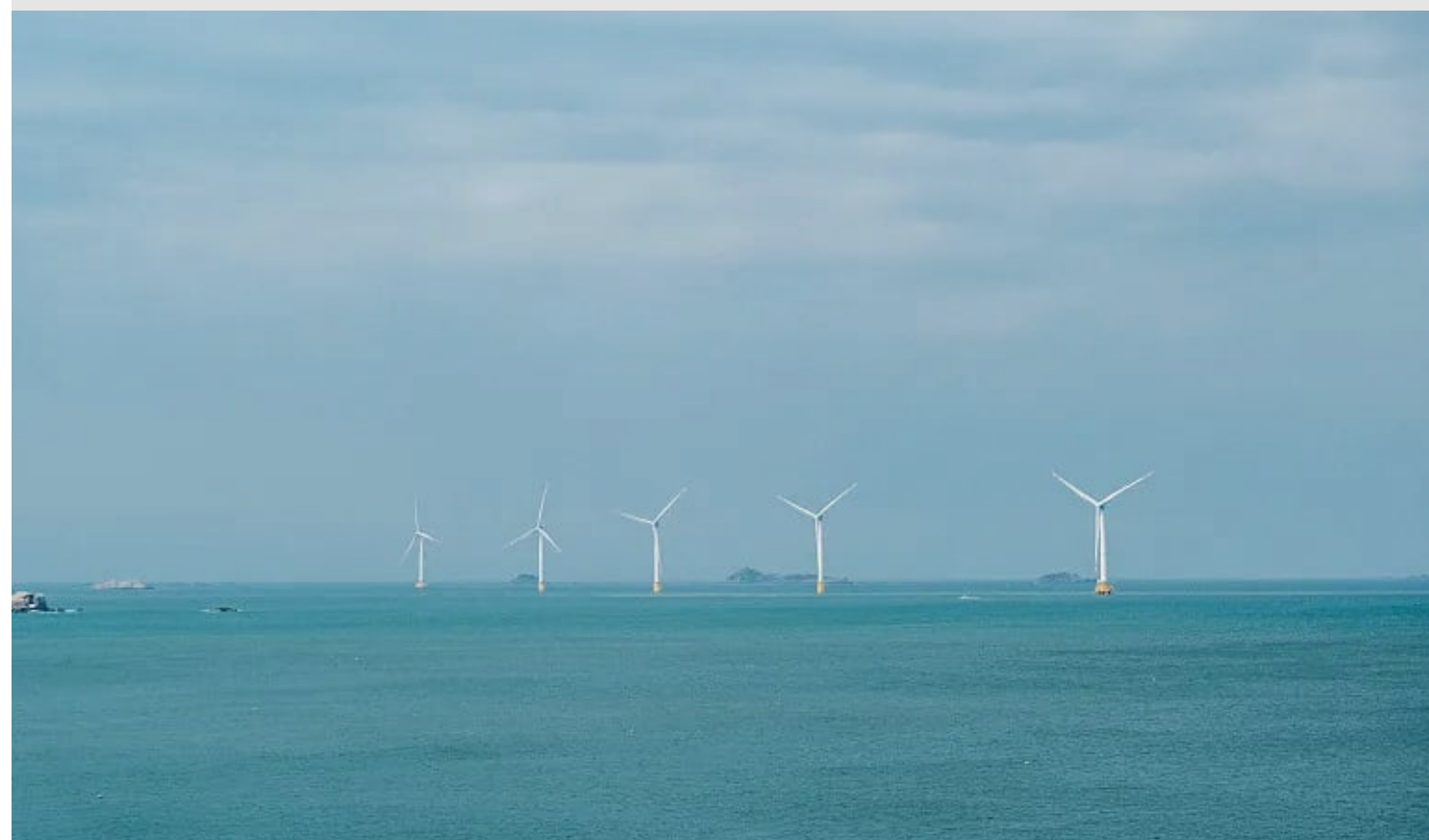
Transportation

- You can take bus routes 15, 30, 601, or K205 to the "Qingyuan Mountain Scenic Area" stop and walk from there.

Travel Season

- ◎ Qingyuan Mountain is a granite landform with undulating terrain and protruding rocks. The highest elevation of the main scenic area is 498 meters. The climate is warm and humid, with mild winters and cool summers, and a long frost-free period throughout the year, making it suitable for sightseeing in all seasons.

Pingtang Island 平潭岛



Pingtang Island, shrouded in mist from the east, is the fifth largest island in Fujian Province, boasting over 400 kilometers of coastline with fine white sand beaches and crystal-clear waters. It combines historical sites and leisure facilities, and is accessible by high-speed rail, car, and ferry. Renting a car or riding an electric scooter is the best way to explore the island, following classic routes to capture the captivating scenery of this sea-side resort.

Address

Auxiliary road of East Ring Road, Pingtan County, Fuzhou City 福州市平潭县环岛东路辅路

Recommended play time: 9 days

Opening Hours

Open all day

Transportation

- Bus: You can take a bus to Pingtan Island from Fuzhou South Bus Station, Shuangban Bus Station, or Fuzhou Railway Station.

⑧ Xiamen Botanical Garden 厦门园林植物园



Xiamen Botanical Garden, nestled around Wanshiyan Reservoir, is characterized by its succulent and desert plant areas, as well as its misty rainforest-like landscape. It boasts a collection of exotic plants such as golden

larch and cacti, making it a popular spot for taking photos. The garden also features stone carvings, temples, and other attractions, and includes several specialized plant zones. Visitors can explore the garden on foot or by hop-on hop-off electric cart, enjoying a diverse range of scenic views.

Recommended play time: 3 days

Opening Hours

6:30-18:00, The opening hours of the internal attractions vary; please refer to the park's announcements for details.

Transportation

- Take bus route 57 (peak hours) or 87 to the [Botanical Garden] stop, or take tourist route 2 to the [Botanical Garden East Gate] stop, then walk about 100 meters to reach the Botanical Garden Visitor Service Center.

Travel Season

- ⊙ The botanical garden is a great place to visit in all seasons.

9 Hulishan Fortress 胡里山炮台



Built in 1894, Hulishan Fortress in Xiamen combines the architectural styles of Europe and the Ming and Qing dynasties. A product of the Self-Strengthening Movement, it is known as the "Gateway to Fujian and the Key to Southern China." The fortress houses the world's most valuable Krupp cannon and its iron molds, and boasts stunning coastal views and a wealth of activities, making it a culturally rich and diverse cultural tourism and leisure destination along the Island Ring Road.

Address

No. 2 Zengcuo'an Road, Siming District, Xiamen City 厦门市思明区曾厝垵路2号

Recommended play time: 2 hours

Opening Hours

October 1st to May 31st of the following year,
08:00-17:30

June 1st to September 30th, 08:00-18:00

Transportation

- ① By Bus: Take bus routes 22, 48, 86, 96, 112, or 659 to the [Hulishan Bus Terminal] stop, then walk a few dozen meters along Huandao South Road. Cost: 1 yuan from within the island; 2 yuan from outside the island.
- ② By Tourist Bus: Take a tourist bus to the [Hulishan Fortress] stop. Full-day island sightseeing bus tour price: 60 yuan per person.

Travel Season

- ☉ Suitable for all seasons, but it's best to catch the scenic area's welcoming ceremony and performances.

10 Yangjiaxi 杨家溪



Yangjiaxi in Xiapu boasts ancient banyan trees north of the latitude line and a large maple forest typical of southern China. The 800-year-old banyan king, shrouded in morning mist, is like a dream. Longting Waterfall is magnificent, with 36 lifelike rock formations along its banks. Take a bamboo raft downstream and enjoy the beautiful scenery of green mountains and clear waters.

Address

No. 56, Yangjiaxi Village, Yacheng Town, Xiapu County, Ningde City, Fujian Province 福建省宁德市霞浦县牙城镇杨家溪村56号

Recommended play time: 2 hours

Opening Hours

7:30-17:30



Dayushan Island, named one of "China's Top Ten Most Beautiful Islands," is nestled in the southeastern waters of Fuding and is renowned for its tranquil and pristine environment. The island boasts thousands of acres of grassland resembling a hidden paradise in Northwest China, crystal-clear lakes of varying sizes, and stunning coastal landforms alongside historical sites. With its lush vegetation and abundant migratory birds, it's the perfect place to enjoy the sea breeze and capture breathtaking scenery.

Address

Yushan Town, Fuding City, Ningde City, Fujian Province 福建省宁德市福鼎市嵛山镇

Recommended play time: 6 days

Opening Hours

8:00-17:00

Transportation

● High-speed train travel routes:

I. From Taimushan High-speed Railway Station: Taimushan High-speed Railway Station -- Taimushan Bus Station -- Yujing Wharf -- Yushan Island Wharf

- ① There are buses from the high-speed railway station exit to Taimushan Bus Station;
- ② Take a bus from Taimushan Bus Station to Yujing Wharf;
- ③ Take a yacht from Yujing Wharf to Yushan Island Wharf.

II. From Xiapu High-speed Railway Station: Xiapu High-speed Railway Station -- Sansha Town -- Sansha Wharf -- Yushan Island Wharf

- ① Take a bus from the high-speed railway station exit to Sansha Town;
- ② From Sansha Town to Sansha Wharf;
- ③ From Sansha Wharf to Yushan Island.

● By car:

① From Fuzhou, take a bus from the North Long-Distance Bus Station to Sansha Town, Xiapu County, then transfer to a passenger ferry to Mazu Village, Yushan.

② Take a high-speed train to Taimushan Station or Fuding Station, then take the train from Taimushan Railway Station to Qinyu Bus Station. Buses from there go to Yushan.

Travel Season

◎ Suitable for all seasons.

12 Guifeng Ancient Village
Scenic Area 桂峰古村落景区



Guifeng Ancient Village in Youxi County is a one-hour drive from Fuzhou. Nestled at an altitude of 550 meters among the mountains, it is shrouded in mist and resembles a fairyland. As a 4A scenic spot, it boasts centuries of history, ancient roads and streets, and unique mountain-climbing architecture. It was once a transit point on the official road and was known as "Little Fuzhou." The village is characterized by its beautiful mountains and clear waters, and its winding alleys.

Address

Guifeng Village, northeast of Yangzhong Town, Youxi County, Sanming City 三明市尤溪县洋中镇东北部桂峰村

Recommended play time: 3 days

Opening Hours

Open all day

13 Yunshuiyao
云水谣



Named after the movie "Yunshuiyao," the Yunshuiyao Scenic Area is a popular tourist destination in Nanjing Tulou (earthen buildings). It comprises three main attractions: Yunshuiyao Ancient Town, Heguilou, and Huaiyuanlou, distributed along a small river. Heguilou, perched on a marshland, is particularly unique. The scenic area blends ancient banyan trees, ancient paths, and pastoral scenery, making it perfect for a leisurely stroll and enjoying its refreshing charm.

Address

X607, Nanjing County, Zhangzhou City, Fujian Province 福建省漳州市南靖县X607

Recommended play time: 5-12 hours

Opening Hours

Open all day

Transportation

- There are several ways to get to Yunshuiyao: Take the train to Nanjing Station, then transfer to a tourist bus (approximately one bus per hour, journey time 1.5 hours) or hire a car;
- Alternatively, you can transfer to a Tulou (Hakka earthen buildings) shuttle bus at Nanjing Bus Station. There are direct buses from Xiamen Hubin South Bus Station at 7:10 AM and 12:10 PM; the journey by car from Xiamen takes approximately 2 hours and 40 minutes.

Yuhua Cave 玉华洞



Yuanyangxi in Fujian is a national-level mandarin duck reserve. The 14-kilometer valley is hidden deep in the mountains and dense forests, and thousands of mandarin ducks come here to overwinter every autumn. The five major tourist areas each have their own characteristics, integrating mountains, water, waterfalls, caves and rare animals and plants. Baizhangji Water Curtain Cave ranks first among the five major ones in the country, and is a quiet and diverse natural secret.

Address

Meihua Village, Jiangle County, Sanming City,
Fujian Province 福建省三明市将乐县梅花村

Recommended play time: 3 hours

Recommended play time: 9 days

Opening Hours

08:00-17:30 (January 1st - December 31st,
Monday - Sunday)

08:15-16:30 (January 1st - December 31st,
Monday - Sunday)

Eating

Fujian cuisine embodies the bounty of mountains and seas and the charm of a thousand years, with each city offering its own unique flavor. Buddha Jumps Over the Wall is simmered to perfection, while Satay Noodles blend East and West, and Meat Swallow and Flatbread showcase the craftsmanship of its artisans. Other delicacies include Sea Worm Jelly, Ginger Duck, and Bamboo Shoot Cake, all offering a balanced blend of sweetness and savory flavors, and incorporating medicinal and culinary traditions—each bite a vibrant expression of Fujian's culinary culture.

◆ Oyster Omelet 海蛎煎

Freshly caught oysters are coated in sweet potato starch and fried in a pan, sizzling as they dance with beaten egg. Garlic chili sauce and scallions are sprinkled on top. Crispy on the outside and tender on the inside, the oysters are springy and sweet, while the sweet potato starch is soft and chewy. Each bite is bursting with the flavor of southern Fujian's local cuisine and authentic freshness.



◆ Shacha Noodles 沙茶面

The soup is rich and mellow, with the dry fragrance of peanut butter and fish and shrimp. The alkaline round noodles are chewy and tasty. You can add various seafood, vegetarian, pork offal, stewed and other ingredients according to your personal preferences.



◆ Groundnut Jelly 土笋冻

Use star worms from the sea to cook soup, only add salt for seasoning, and form jelly after cooling. The taste is a mixture of seafood and bamboo shoots. It can be eaten with garlic soy sauce, coriander and pickled radish slices.



◆ Dumplings 扁食

The filling of Xiamen flatbread is very particular. The selected pork hind leg meat is pounded into a fine meat paste. Each piece is firm, plump and fragrant. Flatbread is divided into two types: ordinary flatbread with paper-thin skin, wrapped with meat filling and dancing lightly in boiling water; flatbread with bird's nest skin is more ingenious, with pork paste mixed with cassava flour repeatedly rolled into a transparent thin skin, which is chewy and smooth. The moment you bite it, the meat fragrance and the soft dough skin bloom on your tongue layer by layer. It can be called a smart and wonderful snack in southern Fujian.

◆ Ginger Duck 姜母鸭

We choose low-fat Muscovy ducks that are over 100 days old, add more than 20 kinds of medicinal herbs and spices, drizzle with rice wine and sesame oil, and slow-cook in an old casserole. The duck meat and bones are tender and tasty, and even the ginger is delicious. It is a warm but not dry medicinal delicacy.



◆ Fish Ball Soup 鱼丸汤

Most of Xiamen fish balls are stuffed with shark paste on the outside and seasoned pork puree on the inside. When you bite them, the gravy will pop out. There are also many flavors such as shrimp, crab roe, cuttlefish, etc.



◆ Peanut Soup 花生汤

Peanuts need to be peeled, dried in the sun, and soaked for a long time, and then cooked to just the right temperature. The peanuts will be soft but not mushy, and have a refreshing and mellow flavor. Eggs can be added to enhance the flavor.



Notes

Hospital

● The First Affiliated Hospital of Fujian Medical University

福建医科大学附属第一医院

Address: No. 20, Chazhong Road, Taijiang District, Fuzhou City

Tel: 0592 - 2132222

Website: <https://www.fyyy.com/>

Opening hours: 24 hours

● Fujian Provincial Hospital 福建省立医院

Address: No. 134, Dongjie Street, Gulou District, Fuzhou City

Tel: 0591 - 87557768 (Main Campus)

Website: <http://www.fjssl.com.cn/>

Opening hours: 24 hours

● Fujian Medical University Union Hospital 福建医科大学附属协和医院

Address: No. 29, Xinquan Road, Gulou District, Fuzhou City

Tel: 0591 - 83357896 (Yushan, Qishan, and Pingtan Campuses)

Website: <http://www.fjxiehe.com/>

Opening hours: 24 hours

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