

















Hebei inherits the traditions of Yan and Zhao, and its people are generous and simple. Its folk customs are vibrant, and among its over 160 national intangible cultural heritage items, Hebei Bangzi opera expresses emotions with its high pitch, and Tangshan shadow puppetry depicts a variety of scenes with its ingenious depictions.

The cuisine is unique, with donkey meat sizzling on the outside and fragrant on the inside, beef flat noodles savory and spicy, and Chengde's imperial cuisine exquisitely presented. During festivals, Weixian's tree-fireworks illuminate the night sky, and Wuqiao's acrobatics amaze the audience, showcasing Hebei's diverse charm.

Why Go Here

- Savor Hebei cuisine
- Climb the Great Wall
- Explore the Imperial Gardens

Basic info

Time zone: CST (UTC+8)

Area code: +86/0311

Postal code: 050000

Language: Mandarin

Currency: RMB, called "Yuan", "Jiao", "Mao",

10 Jiao = 1 Yuan

Plug:

Voltage: 220V

Frequency: 50 Hz

Currency conversion:

RMB: ¥

US dollars: 1 USD = 7.2559 RMB

1 RMB = 0.1378 USD



Police: 110
Medical Care: 120
Traffic Accident: 122
Fire Emergency: 119



Chengde Mountain Resort 承德避暑山庄



Construction began in 1703 and continued through the reigns of Emperors Kangxi, Yongzheng, and Qianlong, spanning 89 years. The Chengde Mountain Resort served as the second political center and diplomatic venue of the Qing Dynasty. It is divided into four areas: the palace area, featuring the Nanmu Hall, exudes understated elegance; the lake area, imitating the Jiangnan style, offers a more majestic atmosphere; and nearby, visitors can visit the Little Potala Palace, showcasing its historical and scenic charm.

Address

No. 6, Shanzhuang East Road, Shuangqiao District, Chengde City, Hebei Province 河北省承 德市双桥区山庄东路6号

Recommended play time: 3 days

Opening Hours

7:00 AM - 6:00 PM (Monday - Sunday, May 1st - October 9th)

8:00 AM - 5:30 PM (Monday - Sunday, October 10th - March 31st)

7:30 AM - 5:30 PM (Monday - Sunday, April 1st - April 30th)

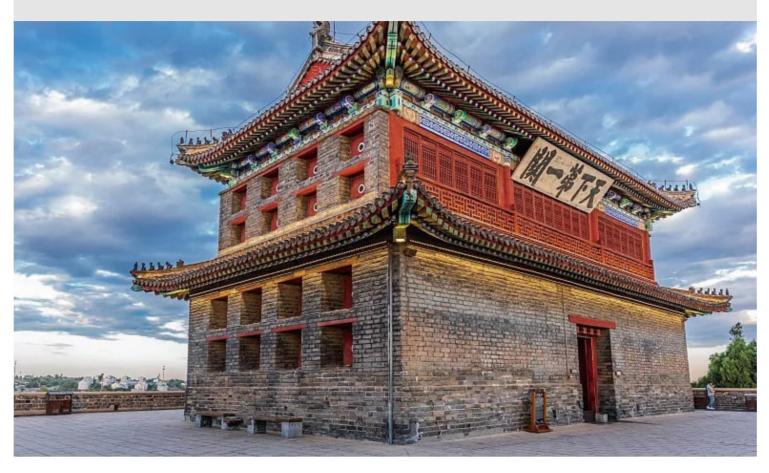
Transportation

- Public Transportation
- ① Take Bus No. 15, 19, 29, or 5 and get off at Chengde Grand Theater Station.
- 2 Take Bus No. 10, Bus No. 10 Intersection, Bus No. 118, or Bus No. 118 to get off at Bishushan-zhuang Station.

Travel Season

April to October is the best

② Shanhai Pass 山海关



Shanhaiguan, built in 1381, is the first pass at the eastern starting point of the Great Wall and a crucial barrier to Beijing during the Ming Dynasty. Its complex defense system, comprised of a fortress and a barbican, made it easy to defend but difficult to attack. Its unique design earned it the reputation of "the unrivaled key to the two capitals and the first pass of the Great Wall."

Address

No. 1 East Street, Shanhaiguan District, Qinhuangdao City, Hebei Province 河北省秦皇岛市山海关区东大街1号

Recommended play time: 6 hours

Opening Hours

08:00-17:00 all year round

Transportation

• You can take Bus No. 13, 25, 302, 303, 33 or the Shanhaiguan Scenic Area Special Bus to get off at Tianxia Diyiguan Station, which is within walking distance.

Travel Season

 The climate is pleasant and enjoyable all year round. May to October is the best time to visit.

⑤ Beidaihe East Sea Bathing Beach 北戴河东海水浴场



Beidaihe East Bathing Beach stretches from the mouth of the Daihe River in the west to Yingjiao Rock in the east, offering a comprehensive seaside summer retreat. Green mountains reflect the ocean, while villas blend into the forest. The coastline winds, the beach is gentle, the water is clear, and the sand is soft and fine. Enjoy a refreshing swim at the beach or join the fishermen out fishing, experiencing the joys of moonlit night boating.

Address

Zhonghaitan Road, Beidaihe District, Qinhuan-gdao City, Beidaihe District 秦皇岛市北戴河区中海滩路北戴河区

Recommended play time: 3 hours

Opening Hours

Open all day, all year round

Transportation

Take bus No. 15 in the city and get off at the
 [Rose Garden] stop, then walk 300 meters
 along Qiqiao South Road to arrive.

Baiyangdian Lake白洋淀



Baiyangdian, about 140 kilometers from Beijing and Tianjin, is a great weekend getaway. Reed marshes crisscross the area, and the lotus blossoms in July are stunning. The area boasts both natural scenery and historical sites related to the Anti-Japanese War. You can take a boat tour, stay at a farmhouse to sample fresh river food, experience the joys of fishing, and immerse yourself in the leisurely waterside life.

Address

Baiyangdian Tourist Wharf Visitor Center,
Diding Road, Tourism East Road, Anxin
County, Xiongan New Area, Baoding City
保定市雄安新区安新县旅游东路堤顶路白洋淀旅游
码头游客中心

Recommended play time: 6 days

Opening Hours

07:00-16:30 (January 1st - December 31st, Monday to Sunday)

Transportation

• Local Transportation:

To reach Baiyangdian, you must first reach the Anxin Tourist Wharf. From the Anxin Bus Center, you can take a taxi or a rickshaw to the wharf. The journey is about 3-4 kilometers and costs around 10 yuan.





Yesanpo, located in Laishui County, Baoding, about 100 kilometers from Beijing, is a popular summer resort near Beijing. It encompasses scenic areas such as Bailixia and Baicaopan, offering canyon waterfalls, alpine meadows, and spectacular caves. Visiting is best from April to October, with opportunities for rafting in the gorge and nighttime viewing of the "Impression of Yesanpo" series. Traveling is convenient by car or charter.

Address

Yesanpo, Laishui County, Baoding City, Hebei Province 河北省保定市涞水县野三坡

Recommended play time: 6 - 9 days

Opening Hours

7:30-16:30 all year round

Transportation

• Train: Take Train No. 6437 from Beijing West to Yesanpo, arriving in approximately 2 hours and 44 minutes.

Baishi Mountain白石山



Baishishan Geological Park is a famous scenic spot in Baoding, with two entrances, east and west. It features a vibrant mix of peaks, strange rocks, and seas of clouds, home to a rich flora and fauna. The longest and highest glass plank road in China is known as the "Road to the Sky." The mountaintop cliff café offers stunning views, and sipping coffee amidst the misty valley is a unique experience.

Address

The entrance of Fenglianggou Village, Baishishan Town, Laiyuan County, Baoding City, Hebei Province 河北省保定市涞源县白石山镇风凉沟村村口

Recommended play time: 3 hours

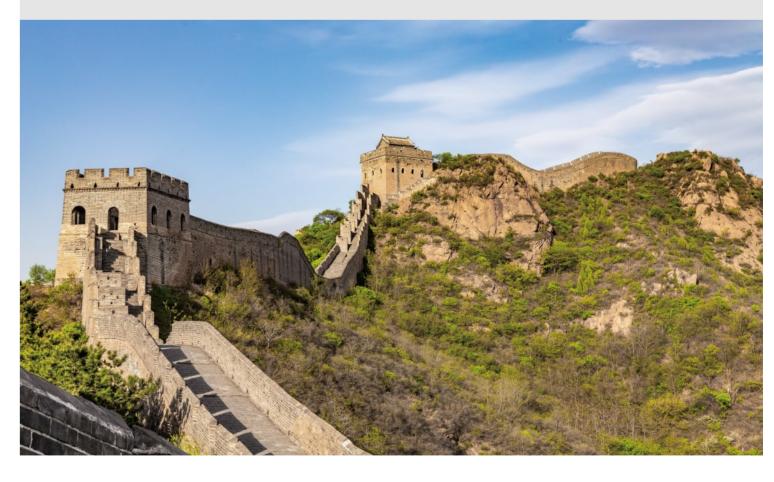
Opening Hours

08:00-17:30 (January 1st - December 31st, Monday to Sunday)

Transportation

- To reach the east gate of Baishishan Mountain, take the Baishishan Bus from the old Laiyuan County Bus Station.
- You can only drive to the west gate of Baishishan Mountain. Navigate to Chajianling Village in Laiyuan County.

② Jinshanling Great Wall 金山岭长城



The Jinshanling Great Wall, located at the junction of Luanping, Chengde, and Miyun, Beijing, is 130 kilometers from Beijing and 80 kilometers from the Mountain Resort. Construction was supervised by Qi Jiguang. With its densely packed watchtowers and robust defenses, the 10.5-kilometer section is remarkably well-preserved, earning the reputation of "Jinshan's unique beauty among the Great Walls," showcasing its ancient simplicity and purity.

Address

Hualougou Village, Bakshiying Town, Luanping County, Chengde City, Hebei Province 河北省承 德市滦平县巴克什营镇花楼沟村

Recommended play time: 3 days

Opening Hours

6:30 AM - 5:30 PM (Monday - Sunday, January 1 - March 15)

5:00 AM - 6:00 PM (Monday - Sunday, March 16 - October 31)

Transportation

- By car: The Jinshanling Great Wall is 90 kilometers from downtown Chengde. After leaving Chengde, take the G45 Daguan Expressway, exit at Bakeshiying/Pianqiao, and proceed to National Highway 101. Continue straight ahead to reach the destination.
- By bus: ① A special Jinshanling Great Wall tourist bus departs from Beijing Dongzhimen Bus Station from April to November each year. Departs at 8:00 AM on Saturdays, Sundays, and other statutory holidays, returning from Jinshanling at 3:00 PM. The one-way trip takes approximately two hours. The fare is 120 RMB, which includes round-trip transportation, scenic area entrance fees, and a one-way cable car ticket.
- ② From downtown Beijing, take a bus to Miyun County (multiple buses available). From Miyun Bus Station, take bus No. 51 to Simatai Village (Gubei Water Town) (approximately 12 RMB). From there, take a taxi to the scenic area for approximately 50 RMB.

Western Qing Tombs 清西陵

The Western Qing Tombs, located at the foot of Yongning Mountain in Yi County, Hebei Province, over 120 kilometers from Beijing, are one of the two major mausoleums of the Qing Dynasty. With a perimeter of approximately 100 kilometers and an area of over 800 square kilometers, they are surrounded by mountains and rivers, with the ancient city of Yanxiadu to the east. In the eighth year of Emperor Yongzheng's reign, this mausoleum was chosen after the Eastern Tombs were abandoned. In 2000, it was listed as a World Cultural Heritage along with the Eastern Qing Tombs and is a nationally protected key cultural site.

Address

Xiling Town, Yi County, Baoding City, Hebei Province 河北省保定市易县西陵镇

Recommended play time: 6 days

Opening Hours

8:00 AM - 5:30 PM (April 1st - October 31st,

Monday - Sunday)

8:30 AM - 5:00 PM (November 1st - March 31st,

Monday - Sunday)

Travel Season

Summer and Autumn

Kongshan Baiyun Cave 崆山白云洞



Baiyun Cave in Kongshan is the world's largest karst cave at its latitude, boasting a constant temperature of 17°C year-round and a humidity exceeding 86%. Five caverns are currently open: "The Earthly World, Heaven, Labyrinth, Hell, and Dragon Palace." The tour route totals over 3,000 meters, offering over 200 scenic spots and seven rare and breathtaking vistas. The largest cavern covers approximately 2,170 square meters. It combines the unique characteristics and landscape of southern karst caves, making it a rare karst wonder in northern China.

Address

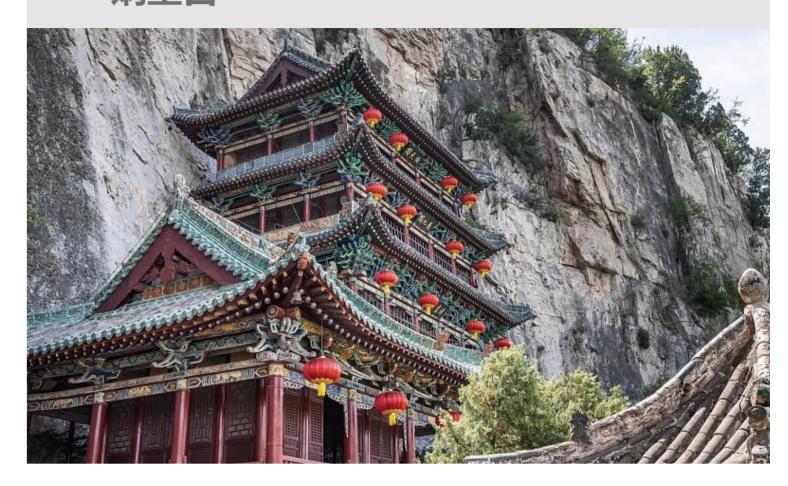
Shannantou Village, Xishu Town, Lincheng County, Xingtai City, Hebei Province 河北省邢台市临城县西竖镇山南头村

Recommended play time: 3 hours

Opening Hours

8:00-17:30 all year round

Wuhuang Palace 娲皇宫



Located on the slopes of Tangwang Mountain in She County, Handan, about 11 kilometers from the county seat, the Empress Nuwa Palace is China's oldest and largest architectural complex dedicated to Nuwa. Originally built during the Northern Qi Dynasty, the palace now houses most of the Ming and Qing Dynasty architecture, including Northern Qi cliff carvings. The scenic area is divided into the base and mid-mountain, offering both scenic views and a descent via the slide.

Address

Suobao Town, She County, Handan City, Hebei Province 河北省邯郸市涉县索堡镇

Opening Hours

8:00-17:30 all year round

Tips

- ① Your ticket will be checked at the foot of the mountain, and you'll need to check it again at the top, so be sure to keep it safe.
- 2 You can ring the bell at the Wahuang Palace on the mountain for free.
- ③ You can take a minibus directly to Shexian County from Handan Bus Station for about 30 yuan. Once you arrive in Shexian County, you can take a taxi directly there for an estimated 20 yuan.

Guangfu Ancient City 广府古城



Guangfu Ancient City, also known as Yongnian City, is located northeast of Handan, over 20 kilometers from downtown. With a 2,600-year history, it boasts well-preserved Ming Dynasty architecture. Surrounded by water, reed marshes, and lotus ponds, it is considered a northern water city. Known as the hometown of a Tai Chi master, this city offers opportunities to visit his former residence, climb the city walls, and sample local delicacies such as silk elbow.

Address

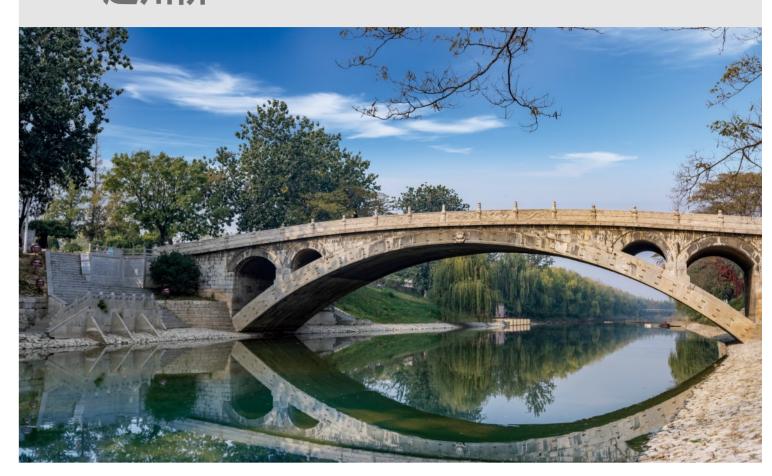
Guangfu Special Line, Guangfu Town, Yongnian District, Handan City, Hebei Province 河北 省邯郸市永年区广府镇广府专线

Recommended play time: 3 days

Opening Hours

All day (January 1st - December 31st, Monday to Sunday)

② Zhaozhou Bridge 赵州桥



Zhaozhou Bridge, also known as Anji Bridge and commonly known as the Big Stone Bridge, was built by Li Chun during the Sui Dynasty between 595 and 605, making it over 1,400 years old. It is a single-span, circular, open-shoulder stone arch bridge with 28 arches forming the main arch. It is one of the world's finest surviving ancient stone bridges. It was designated a National Cultural Heritage Site in 1961 and an International Civil Engineering Historic Monument in 1991.

Address

Dashiqiao Village, Zhaozhou Town, Zhao County, Shijiazhuang City 石家庄市赵县赵州镇大石桥村

Recommended play time: 4 hours

Opening Hours

9:00-17:00

Transportation

- By Bus
- ① In Shijiazhuang, take Bus No. 30, Bus No. 35, Bus No. 106, or Bus No. 50 to Nanjiao (8:00 AM to 6:00 PM). Then, take the Zhaoxian bus directly to Zhaozhou Bridge.
- ② From Shijiazhuang Nanjiao Bus Station, take a long-distance bus to Zhaoxian for 12 yuan, approximately one hour. Get off at Zhaoxian, then take a taxi or van for about ten minutes. The fare is approximately 5 yuan.
- Driving Route: Shijiazhuang Shiluan Road G308 Anji Avenue the end point.



Hebei cuisine, based on its location, has three main schools: central and southern Hebei, the imperial court outside the Great Wall, and the coastal areas of Beijing.

Central and southern Hebei is known for its local flavors. Baoding's donkey meat hot pot is crispy on the outside and tender on the inside, beef pancakes are juicy and savory, and Shijiazhuang's jar oven-baked biscuits are savory, fragrant, and crispy. Chengde in the northern Great Wall inherits imperial techniques, offering a fragrant, boneless chicken in lotus leaves. The coastal areas of Beijing boast abundant river seafood, including Tangshan's vibrant golden lionfish and Qinhuangdao's tender and sweet swimming crabs. Handan's Cantonese-style crispy fish is tender and tender, while Shanhaiguan's warm hot pot, paired with Zhaozhou snow pears, offers a fusion of homely comfort and cultural heritage.

◆ Donkey Meat Hot Pot 驴肉火烧

The donkey meat hot bun is crispy on the outside and soft on the inside. It is filled with donkey meat that has been slowly braised in the old soup. The meat is rich and not greasy, and the salty and fragrant taste blends well in one bite.



◆ Chengde Royal Soil Lotus Leaf Chicken 承德御土荷叶鸡

This imperial delicacy is a stewed and roasted chicken wrapped in loess from the imperial palace, spring water from Rehe River, and fresh lotus leaves. Crack open the clay shell and the lotus fragrance fills the air, while the chicken is tender and boneless.



◆ Golden Lionfish 金毛狮子鱼

Golden Lionfish, a Tangshan classic, is made from finely carved carp and deep-fried until it resembles a lion's fur. Doused in a sweet and sour sauce, it's crispy on the outside and tender on the inside, showcasing both stunning presentation and rich flavor, showcasing the ingenuity of Hebei cuisine.



◆ Cantonese Crispy Fish 广府酥鱼

Fresh crucian carp is placed in a clay pot, seasoned, and simmered for several hours. The fish remains tender yet tender, its texture remains firm, and its sweet, sour, and fragrant aroma has earned praise from Emperor Qianlong and Chairman Mao.



◆ Hot Pot Chicken 火锅鸡

Hotpot chicken, inspired by Sichuan cuisine but infused with Hebei influences, is stir-fried with Pixian fermented bean paste for a rich, fragrant aroma. The copper pot holds spicy chicken chunks, served with a garlic and aged vinegar dipping sauce, and you can also enjoy some hotpot chicken afterward.



◆ Chaigoubao Smoked Pork 柴沟堡熏肉

Chaigoubao smoked pork is a century-old specialty of Zhangjiakou. Selected ingredients are slowly simmered in a seasoned broth to remove the fishy smell, then smoked with cypress wood for a richer flavor. Its attractive purple-red color, not greasy, not sticky, and rich in salty flavor, have earned it a place in the "National Food Dictionary."



• Golden Phoenix Braised Chicken 金凤扒鸡 Jinfeng Braised Chicken is a century-old Shiji-azhuang "Chinese Time-honored Brand," established in 1908. Its craftsmanship has been recognized as a Hebei Intangible Cultural Heritage. Selected laying hens are honey-glazed and deep-fried until golden brown, then simmered for over ten hours in a century-old broth with eighteen Chinese herbs. The result is a golden-red hue, with tender, boneless meat and a rich, mellow flavor. No preservatives are added. From a small, established stall to a global destination, Jinfeng Braised Chicken, with its distinctive "beautiful appearance and rich flavor," carries the ingenious



memory of Yanzhao cuisine.



Hospital

The Second Hospital of Hebei Medical
 University 河北医科大学第二医院

Address: No. 215, Heping West Road, Xinhua District, Shijiazhuang City (Main Campus)

Tel: 0311-66002999 (Switchboard)

Website: https://www.hb2h.com

Opening hours: 24 hours

The Third Hospital of Hebei Medical
 University 河北医科大学第三医院

Address: No. 139, Ziqiang Road, Qiaoxi District,

Shijiazhuang City (Main Campus)

Tel: 0311-88603000 (Main Campus)

Website: http://www.hb3h.com.cn

Opening hours: 24 hours

The Fourth Hospital of Hebei Medical
 University 河北医科大学第四医院

Address: No. 12 Jiankang Road, Chang'an District, Shijiazhuang City (Main Campus)

Tel: 0311-86095200 (Main Campus)

Website: http://www.hb4h.com

Opening hours: 24 hours

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