



















Hong Kong has a unique local culture. There are many religious beliefs here, with Buddhist and Taoist temples flourishing, and Western religions also have a wide range of followers. The food is rich and varied. In tea restaurants, silky milk tea is paired with crispy pineapple buns; in the streets and alleys, the aroma of roast meat and the delicious seafood are everywhere. Traditional festivals are lively, with dragon and lion dances during the Spring Festival and colorful lanterns during the Mid-Autumn Festival. The residents are warm and hospitable, and there is also a strong warmth in the fast-paced life, showing a unique charm.

## Why Go Here

- A fusion of Chinese and Western cultures
- A feast of food in heaven
- A dazzling night view of Victoria Harbour
- Convenient shopping and consumption
- A dreamy theme park

## **Basic info**

Time zone: CST (UTC+8)

Area code: +86/852

Postal code: 900001

Language: Mandarin

Currency: RMB, called "Yuan", "Jiao", "Mao",

10 Jiao = 1 Yuan

Plug:

Voltage: 220V

Frequency: 50 Hz

Currency conversion:

RMB: ¥

US dollars: 1 USD = 7.2559 RMB

1 RMB = 0.1378 USD



Police: 110
Medical Care: 120
Traffic Accident: 122
Fire Emergency: 119



Hong Kong Disneyland香港迪士尼乐园



Hong Kong Disneyland is located on Lantau Island. It is modeled after California Disneyland and includes 9 theme parks, including Grizzly Gulch and Mystic Manor, which are unique in the world. There are three important performances every day: daytime parades, nighttime lights and fireworks before closing. Please refer to the official website or the brochure for the time. It is a dream place for family outings.

### **Address**

Hong Kong Disneyland Resort, Lantau Island, Hong Kong 香港大屿山香港迪士尼乐园度假区

## **Recommended play time: 6 days**

### **Opening Hours**

All year round Monday, Wednesday, Friday-Sunday 10:30-19:30;

all year round Tuesday, Thursday closed all day

### **Transportation**

• Take KMB/Longbus R33/KMB R42 to Disney-land Bus Terminal, get off and walk to the destination.

### **Travel Season**

Autumn and winter are the best seasons.
 Hong Kong is relatively cool in autumn and warm in winter.

4 Hong Kong Ocean Park香港海洋公园



Hong Kong Ocean Park is located in the south of Hong Kong Island, covering an area of 170 acres. It is divided into Summit Park and Waterfront Park, with 8 major theme parks. You can dive into the deep sea, visit giant pandas and penguins, and challenge dynamic rides. It is a popular theme park in the world.

#### Address

180 Wong Chuk Hang Road, Aberdeen 香港仔黄竹坑道一百八十号

Recommended play time: 1 days

## **Opening Hours**

Weekdays: 10:00am to 6:00pm, weekends and public holidays: 10:00am to 7:00pm

## **Transportation**

- Public transportation:
- ① Citybus (Route 629): Take the subway to [Admiralty] Station, exit the gate and transfer to Exit B to take the Hong Kong Ocean Park bus route 629.

- ② Take bus route n170, Citybus route 592, Citybus route 70, Citybus route 72, etc. and get off at [Ocean Park Road].
- The South Island Line has been opened.
  Take the subway to [Ocean Park] Station, exit
  the gate and go to Exit B.



The Peak is a landmark and the highest point in Hong Kong, offering a panoramic view. Take Asia's earliest retro red cable car (about 1,350 meters long, 5 stops) to get there. Sky Terrace 428 on the top floor of the Peak Tower is a great place to enjoy the night view of Victoria Harbour. There are also attractions such as Madame Tussauds and the Post Office on the top of the Peak.

#### **Address**

Victoria Peak, Central and Western District,
Hong Kong Special Administrative Region
香港特別行政区中西区太平山

**Recommended play time: 2-5 hours** 

### **Opening Hours**

All day (Monday to Sunday, January 1st to December 31st)

### **Transportation**

- Public transportation:
- ① Take the MTR to the Hong Kong Island Line [Central Station], go out from Exit J2 and walk to the Central Garden Road Cable Car Station.
- ② Take bus No. 15C from the parking bay opposite Central Pier 6 to [Central Garden Road Mountain Cable Car Station], then transfer to the Peak Tram to the Peak.



Tsim Sha Tsui is located at the southern tip of the Kowloon Peninsula, facing Victoria Harbour, and is the "geographical center" of Hong Kong. It is home to attractions such as the Avenue of Stars and Victoria Harbour. It is a night view destination and a bustling shopping paradise, with large shopping malls, duty-free shops, and cultural venues such as historical museums, making it suitable for family trips.

### **Address**

Tsim Sha Tsui, Kowloon, Hong Kong SAR 香港特别行政区九龙尖沙咀

**Recommended play time: 3 hours** 

## **Opening Hours**

Open all day

### **Transportation**

• Take the MTR and get off at Tsim Sha Tsui Station.

## ⑤ Victoria Harbour 维多利亚港



Victoria Harbour is named after Queen Victoria of the United Kingdom. It is the largest seaport in Asia and one of the three most beautiful night views in the world. Every night at 8 pm, there is a "Symphony of Lights" light show and fireworks display. You can take a boat to enjoy the harbor view. The "Maritime Viewpoint" in Harbour City is a good place to enjoy the beautiful scenery on both sides of the strait.

### **Address**

18 Harcourt Road, Admiralty, Eastern District, Hong Kong SAR

香港特別行政区东区金钟夏慤道18号

**Recommended play time: 2 hours** 

### **Opening Hours**

Open all day

### **Transportation**

- 1 Hong Kong MTR: Take the MTR to Tsim Sha Tsui Station and get off;
- ② Bus: Take Bus No. 1, 1A, 8, 8A, 8P, 9 and get off at Tsim Sha Tsui Pier;
- ③ Star Ferry: Star Ferry routes: Central ←→
   Tsim Sha Tsui, Central ←→ Hung Hom, Wan
   Chai ←→ Tsim Sha Tsui, Hung Hom ←→ Wan
   Chai.



This is a popular place in Hong Kong, integrating fashion, tradition, market and food. There are theme streets such as Goldfish Street and Sneaker Street. It is a shopping mecca for young people, full of cosmetics stores, digital stores and bookstores. There are many snack bars, with Japanese okonomiyaki, German sausage and other flavors, and a rich night-life.

## **Address**

The northern part of Yau Tsim Mong District and the central part of Kowloon in Hong Kong 香港的油尖旺区北部、九龙中部

**Recommended play time: 3 hours** 

## **Opening Hours**

Open all day

## **Transportation**

- 1 It takes 16 minutes from Causeway Bay to Mong Kok.
- 2 It takes 14 minutes from Wan Chai to Mong Kok.
- ③ It takes 12 minutes from Central to Mong Kok.



Repulse Bay in Hong Kong is known as the "No. 1 Bay in the World" and "Hawaii of the East". It is a representative beach in Hong Kong.

It has a long beach, a wide beach bed, fine sand and flat sea, and beautiful scenery. Not only is it often used as a filming location for TVB, but also because of its good feng shui, many Hong Kong tycoons have properties here.

### **Address**

16 Repulse Bay Beach Road, Southern District,Hong Kong SAR

香港特别行政区南区浅水湾泳滩道16号

Recommended play time: 3 hours

## **Opening Hours**

Open all year round

## **Transportation**

- Take bus No. 6, 6A, 6X, 66 or 260 and get off at Repulse Bay to arrive.
- Take bus No. 973 Repulse Bay opposite New World Centre in Tsim Sha Tsui to arrive.

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Wong Tai Sin Temple, formerly known as Sik Sik Yuen, is a popular temple dedicated to Wong Tai Sin, who grants all wishes. It also has traditional buildings such as the Sam Seng Hall. Next to the temple is a small park that imitates the Nine Dragon Wall of the Forbidden City. Its "five-shaped" layout is unique, with five buildings such as the Fei Luan Terrace representing the five elements of gold, wood, water, fire and earth.

#### Address

2 Chuk Yuen Village, Wong Tai Sin, Kowloon, Hong Kong SAR

香港特别行政区九龙黄大仙竹园村2号

Recommended play time: 2 hours

## **Opening Hours**

7:30-16:30 all year round

## **Transportation**

 Take the Kwun Tong Line to Wong Tai Sin Station, Exit B2 or B3, and walk east for about 3 minutes.



## **Eating**

Hong Kong is a "food paradise" with a diverse and fascinating food culture. In the roast meat shop, the roast goose has crispy skin and tender meat, and the barbecued pork is sweet and tasty. Street snacks are equally exciting, with crispy egg waffles on the outside and tender on the inside, and fragrant; fish balls are chewy and roll in the curry sauce to create a rich flavor. In the tea restaurant, the silky milk tea is smooth and mellow, and the pineapple bun is sweet and delicious, showing the Hong Kong style.

### ◆ Fish Balls 鱼蛋

It is made by chopped eel, shark or freshwater fish, added with sweet potato flour and mixed evenly, and then wrapped with lean pork or shrimp fillings. It is round in shape, chewy in texture and delicious in taste. The common way to eat it is to soak it in curry sauce or satay sauce and heat it.



## ◆ Shrimp Dumplings 虾饺

A classic of Hong Kong-style dim sum, it is made of translucent rice noodles wrapped with delicious shrimps. It has a chewy, tender and juicy texture and is usually eaten with soy sauce to highlight its deliciousness.



### ◆ Chicken Casserole 鸡煲

Chicken is the main ingredient, with seasonings such as onion, ginger and garlic, and stewed slowly in a clay pot. The chicken is tender and tasty, and the soup is thick and fragrant. Vegetables, mushrooms and other ingredients can be added.



### ◆ Siu Mei 烧味

Select high-quality pork tenderloin or pork tenderloin, marinated and then roasted, the meat is firm and chewy, with rich honey sauce. In addition, roasted dishes also include roast goose, roast duck, suckling pig, etc., with crispy skin, tender and juicy meat, and overflowing fragrance.



## ◆ Claypot Rice 煲仔饭

Put rice and various ingredients (such as cured meat, chicken, beef, etc.) into a clay pot and cook them. A layer of golden and crispy rice crust will form at the bottom, which is fragrant and has a rich taste.



### ◆ Egg Waffles 鸡蛋仔

Hong Kong's unique traditional street snack is a variation of waffles. The fresh fragrance of eggs and the pure fragrance of milk are perfectly combined. The aroma of baked egg waffles is overflowing and wafting all over the street.



## **◆ ineapple Butter 菠萝油**

After baking, the surface is golden yellow, and the bumpy crispy crust looks like a pine-apple, hence the name. Cut the hot pineapple buns just out of the oven horizontally and put a piece of cold butter in it, and you will get the pineapple buns that the Hong Kong cartoon character McDull loves to eat.



## ◆ Steamed Vermicelli Roll 肠粉

Vermicelli is a common food in traditional Hong Kong restaurants. It has a delicate and smooth taste and is usually eaten for breakfast. It can be paired with condiments such as sesame sauce, sweet sauce or hot sauce and is deeply loved by people.



### ◆ Barbecued Pork Buns 叉烧包

Barbecued pork buns are a classic Hong Kong delicacy. The soft fermented dough is skillfully pinched into a birdcage shape. After being steamed, the top naturally cracks open, revealing the delicious barbecued pork filling, which has a strong flavor and rich taste.



### ◆ Wonton Noodles 云吞面

Wonton noodles are a classic and representative noodle dish in Hong Kong, carrying the essence of Hong Kong food culture. The noodles are made of bamboo noodles, which are pressed by traditional bamboo poles, and are chewy and smooth. Wontons are the soul of the dish. The paper-thin dough wraps the fillings of shrimp and pork. Each one is plump and translucent, and the sweet juice overflows when it is bitten. The soup base is made of pork bones, dried fish and other ingredients, which are simmered slowly for several hours. The soup is clear but mellow, with a slight sweet aftertaste. Chives are dotted in between, adding a touch of freshness.





## Hospital

### Hong Kong Sanatorium&Hospital

### 养和医院

Address: 2 Village Road, Happy Valley, Hong

Kong Island

Tel: (852) 2572 0211

Website: https://www.hksh.com.hk/

Opening hours: 24 hours

### Queen Mary Hospital

### 玛丽医院

Address: 102 Pok Fu Lam Road, Hong Kong

Island

Tel: (852) 2855 3838

Website: https://www3.ha.org.hk/qmh/

Opening hours: 24 hours

## Matilda International Hospital

### 仁安医院

Address: 2 Hospital Road, Mid-Levels, Hong

Kong Island

Tel: (852) 2877 8881

Website: https://www.matilda.org/

# **Contact Us**



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